



Issue 69

Free

March 2014

Menzies Matters



Australia In autumn



Shire of Menzies Information

Shire of Menzies
Lot 124 Shenton Street
(PO Box 4)
Menzies WA 6436

Phone: (08) 9024 2041
Fax: (08) 9024 2110
Email: admin@menzies.wa.gov.au
Website: www.menzies.wa.gov.au

Menzies CRC/Visitor Centre
Menzies Caravan Park (a/h)

Phone: (08) 9024 2702
Fax: (08) 9024 2775
0448 242 041

ORDINARY MEETINGS OF COUNCIL

Council Meetings are usually held in the Shire of Menzies Council Chambers on the last Thursday of each month at **10.00am** unless otherwise advised.

Please note that the date for the next meeting is:

Thursday 27 March 2014 @ 10.00am
Shire of Menzies Council Chambers

Shire of Menzies Fire Notice

Please ensure you observe all local fire laws for your own safety and the safety of others.



Please note that the Prohibited Burning Time for the Shire of Menzies is from 1 November 2013 to 31 March 2014



Take a look around!



Incorporating

- Menzies Community Postal Agency
- Menzies Visitor Centre
- Public Library
- Internet Access Point
- Menzies Caravan Park Booking Agency
- Conference and meeting rooms
- History and Heritage Room
- Goldfields Express Bus Service
- Startrack Courier Agency
- Toll Freightlines Agency

Opening hours: 8.30am to 4.30pm
Monday to Friday
and
10.00am to 2.00pm
Weekends and Public
Holidays



Government of Western Australia
Department of Regional Development



ROYALTIES
FOR REGIONS



Phone: 9024 2702 Fax: 9024 2775

Caravan Park (After Hours):
Rikki—0448 242 041

ALCOHOL ADVERTISING & SPONSORSHIP

- The alcohol industry spends a significant amount on advertising and sponsorship in Australia each year.
- One in five young people aged 18 to 34 report having noticed alcohol advertising or promotions on social media.

What's wrong with alcohol promotion?

- There is a significant relationship between exposure to alcohol advertising and drinking intentions and risky behaviours.
- Advertising influences young peoples drinking behaviours and attitudes.
- Alcohol sponsorship of sport results in children associating alcohol with sport and their heroes.
- Alcohol advertising increases the likelihood that adolescents will start to use alcohol, and to drink more if they are already using alcohol.



Local viewpoint

"It is important not to underestimate the message we are sending our juniors by mixing sport and alcohol. Think what makes a good role model for our children"

Matt Cowie

Regional Cricket Officer, Goldfields

MYTH

There's nothing we can do about alcohol advertising.

BUSTED!

- If you see an alcohol ad that concerns you, contact the Alcohol Advertising Review Board at www.alcoholadreview.com.au
- It's easy to lodge a complaint if the ad is unacceptable.
- Write to your local MP.
- Refrain from using alcohol promotions, prizes and merchandise.

For more information email kalgoorlieldag@gmail.com.au or visit alcoholthinkagain.com.au

alcoholthinkagain





SHIRE OF MENZIES

APPOINTMENTS UNDER THE DOG AND CAT ACTS

Pursuant to regulations of the *Dog Act 1976* and *Cat Act 2011*, the following appointments have been made by Council:

Registration Officers

Brooke Povah
Vivian Greenmount
Carol McAllan
Debbie Pianto
Vicki Pepper
Peter Smith
Raymond Pepper

Ranger/Pound Keepers

Raymond Pepper
Glenn Casley
Peter Smith
Samuel McKay
Peter Crawford

All other previous appointments to these positions are hereby cancelled

PETER CRAWFORD
Chief Executive Officer
Shire of Menzies



SHIRE OF MENZIES—ORDINARY MEETINGS OF COUNCIL 2014

The public is advised that pursuant to Regulation 12(1)(a) of the Local Government (Administration) Regulations 1996, the following dates, times and locations have been appointed as Ordinary Council Meeting dates for the period ending 30 June 2014:

Thursday 27 March 2014	10.00 am	Menzies
Thursday 24 April 2014	10.00 am	Menzies
Thursday 29 May 2014	10.00 am	Tjuntjuntjara
Thursday 26 June 2014	10.00 am	Menzies

The public is reminded that Council Meetings are open to the public and prior notice will be given of any Special or Committee Meetings being called.

PETER CRAWFORD
Chief Executive Officer

Menzies Health Centre

Mercer Street
MENZIES WA 6436

Phone: 90242044

EMERGENCIES ONLY: 000

Poisons Information available 24 hours: 131126

If the Clinic is unattended and you need immediate health advice, call
HEALTH DIRECT 1800 022 222 any time, day or night.



Next RFDS Doctor's Clinic

Date: 11 March 2014

GP: Dr Lou La Grange

Time: 9.00am –2.00pm

Place: Menzies Health Centre

Phone: 90242044 for appointments

PLEASE NOTE:

The visiting nursing services to Menzies will commence on 11 February 2014. The Clinic will be open **every Tuesday** from 9.00am till 4.00pm until further notice.

To date there have been no applications submitted to the Health Department to fill the advertised nursing vacancy for Menzies.

The following is a list of dates for RFDS Doctor's visits to Menzies:

11 March	Dr Lou LaGrange
8 April	Dr Simon Evans
6 May	Dr Simon Evans
4 June	Dr Annemarie Van Der Walt

Honouring Tony Crook
and John Bowler



In attendance

Hon Warren Truss MP

Deputy Prime Minister; Minister for Infrastructure
and Regional Development & Leader of The Nationals

Hon Terry Redman MLA

Minister for Regional Development; Lands
Minister Assisting the Minister for State Development
Leader of the Nationals WA

Brendon Grylls MLA

Member for Pilbara

Date: Saturday 22nd March **Time:** 7.30pm until 11.00pm

Venue: Kalgoorlie Town Hall, Hannan Street, Kalgoorlie

Cost: \$50 per head (inc. GST)

Tickets need to be purchased prior to the evening

RSVP and payment of ticket please contact

mandy.reidy@mp.wa.gov.au or 9021 6766 by Monday 10th March.

Authorised by Wendy Duncan, 305 Hannan Street, Kalgoorlie 6430



KOOKYNIE VOLUNTEER ASSOCIATION INC.

Notice of Meeting

The next ordinary meeting of the Kookynie Volunteer Association Inc will be held on
Saturday 8th **March 2014** at **Lyn Duncan's Home, Queen Victoria Street Leonora 3PM.**
All welcome, any queries please contact the Chairperson Greg Dwyer on 90 313031.

Joke of the month

A string walks into a bar with a few friends and
orders a beer. The bartender says, "I'm sorry,
but we don't serve strings here."

The string goes back to his table. He ties
himself in a loop and messes up the top of his
hair. He walks back up to the bar and orders a
beer.

The bartender squints at him and says, "Hey,
aren't you a string?" The string says, "Nope,
I'm a frayed knot."



SHIRE OF MENZIES SOCIAL CLUB

AFL FOOTY TIPPING 2014

The Shire of Menzies Social Club is once again conducting an AFL Footy Tipping Competition and you are invited to join in and play along with us. Although the Social Club is running the comp, you do not have to be a member to play.

The entry fee for the season is \$50.00 which must be paid in full prior to the first game of the season (Friday 14 March 2014).

You will be issued with a book containing an entry form for each week of the competition. You should mark your entry clearly, and either

- 1) Place in the entry bag in the CRC
- 2) Place in the entry bag at the Shire Office
- 3) Email to mcd@menzies.wa.gov.au
- 4) Fax to 9024 2775

by 4.00pm on the day of the first game of the round.

UNDER NO CIRCUMSTANCES WILL TIPS BE TAKEN BY PHONE!

The results of the weekend tipping will be tallied and should be available to everyone by lunchtime on Monday, all being well.

At the end of the season, first, second and third placegetters will receive a cash prize and the person on the bottom rung of the ladder will receive a wooden spoon!

Look forward to a great season of tipping and an even greater season for the mighty Eagles!!!!

Daphne



FANTASY

PROUDLY
BROUGHT
TO YOU BY



Menzies Achievable Outback Café
Open from 8.30am to 4.30pm
EVERY DAY!



Find us on
Facebook



Welcome to Menzies



EASTERN GOLDFIELDS HISTORICAL SOCIETY INC.

Preserving & promoting local history

Leukaemia Foundation

**WORLD'S
GREATEST
SHAVE**

**BE BRAVE
& SHAVE!**

Sign up
now!

13–16 March 2014

Get sponsored to shave or colour your hair to support people with leukaemia, lymphoma, myeloma and related blood disorders, and to fund blood cancer research.

worldsgreatestshave.com



LeukaemiaFoundationWorldsGreatestShave



Help us celebrate our
90th Birthday



CWA of WA 1924 -2014

The Country Women's Association of WA is holding a state wide
Primary Schools competition. Win \$500 for your school!

The subject for this competition is

"CWA - 90 Years of Making Communities Better."

We invite individual students or groups of students

from Yrs 4-7 to enter.

Entries may take the form of

- A. A written and pictorial Story.
and/or**
- B. A PowerPoint presentation.**

CWA References: Website: www.cwaofwa.asn.au

"Her Name is Woman" Erickson, Rica, 1974.

Or

"A Continuing Story" A continuation of the history of
the Country Women's Association of WA 1974-1999.

(Note: A. Please provide hard copies only of written histories. B. Save PowerPoint to CD/DVD as a "PowerPoint Show".)

The Country Women's Association of Western Australia celebrates it's 90th
Birthday this year, and to help us celebrate we invite your paper & the
community to look back on those 90 years & the thousands of women who have
served our communities, and through their combined efforts have improved life
for women & children throughout Western Australia.

The 1st Branch formed in Western Australia was at Nungarin on the 7th of July,
1924, at a time when rural expansion into areas, now known as the West
Australian Wheatbelt, was at its height — a family, a man, his wife & children
inhabited every 1000 acres — the need for companionship, schools, baby clinics,
sporting clubs, was immediate and the CWA brought women together to fight for
facilities in their new communities.

We invite you to look back with us and celebrate.

Our schools competition will help children & their parents to do this. We
encourage schools to participate, to interview some local Country Women and
find out just what they have done to make your community a better place to live.

The State President of the Country Women's Association — Sara Kenny of
Badgingarra, will launch the Schools Competition at the Badgingarra Primary
School, on 24th February 2014 @ 1:30pm

EYES ON THE STREET^{WA}

Four incidents in Menzies have been reported to the Leonora Police in recent times:

- Unlicensed rider without helmet, riding unlicensed motor bike without lights on main roads at night.
- Young prowler at the back of 4 Wilson St.
- Carton of white road-marking spray paint stolen from back of contractors ute.
- Submersible pump with 100 metres of electric cable attached stolen from Shire depot.

Could all community members keep their eyes open and report any suspicious activities to the Police on 9037 6100.





Wendy Duncan MLA
MEMBER FOR KALGOORLIE

THE NATIONALS
for Regional WA

**Goldfields and Lands Should have Dedicated Royalties for Regions Health Fund –
Duncan** **21 February 2014**

The Member for Kalgoorlie has called on the State Government to establish Royalties for Regions health initiative fund for the Goldfields and Lands, similar to those already provided for southern areas and the North West.

Speaking in Parliament yesterday, Ms Duncan said that funds provided under the Southern Inland Health Initiative (\$565.4m) and the North West Health Initiative (\$161m) were transforming the delivery of health services into those regions but there were gaps in funding for the Goldfields and Lands.

"The expansion of telehealth into the northern Goldfields under SIHI has been greatly welcomed, but there is a lot more to do in health in the region and I have spoken to Minister for Regional Development, Terry Redman and the office of the Minister for Health, about allocating additional funding to our region," Ms Duncan said.

In her address to Parliament Ms Duncan highlighted the need to replace the aging Laverton hospital with a new contemporary facility deliver primary healthcare and meet the needs of the community. She also highlighted the ongoing saga of the staff and structure of the Menzies Nursing Post.

"The Royalties for Regions North West Health Initiative will focus on improving health and aged care facilities and services in the North West and Pilbara and we need something like that for the Goldfields and Lands," Ms Duncan said.

"We are very grateful for the \$150m Royalties for Regions Goldfields Esperance Revitalisation Fund, but over \$50m of that was pre-allocated to Great Eastern Highway passing lanes, the upgrade of the Kalgoorlie-Boulder Community High School and refurbishment of the Goldfields Arts Centre."

"Although those projects are worthy and certainly high priority for people of the Goldfields, it has left the fund a bit light on for all the other projects that local governments, the GEDC and community groups have identified as priority."

"To take health initiatives out of it as well would really put a hole in it," Ms Duncan said.

Ms Duncan also identified aged care facilities needed in the goldfields as well as the proposal for mentoring and training international medical graduates as projects for funding.

"Leonora and Jtuntjuntjarra desperately need seniors' accommodation and we need a mental health facility in The Lands and a step-up/step-down facility for mental health clients in Kalgoorlie-Boulder."

"I look forward to further discussing my proposal with the relevant Ministers, Ms Duncan said.

For media enquiries contact Wendy Duncan MLA on 0438 782 034



Menzies hotel And store

Shop hours: 6.00am—6.00pm
Hotel hours: 11.00am – 9.00pm
Hot Counter Meals: 12.00pm to 2.00pm and 6.00pm to 8.00pm

Fresh Sandwiches and Rolls

Soft drinks

Juices

Coffee

The MENZIES TOASTY

Cakes

Ice Creams

Flavoured Milks

Cold Beer - ALL DAY!

General Stores

Accommodation

Fast foods

Ice

Pies, Pasties, Sausage Rolls

IF YOU'RE IN A HURRY – DON'T WORRY
PHONE ORDERS WELCOME 90242016

KLEENHEAT GAS is available from Menzies Hotel Shop or Bar—EFTPOS available

Pricing:	Exchange	8.5Kg	\$45.00
	Buy	8.5Kg	\$95.00
	Exchange	45Kg	\$157.50
	Delivery fee		\$10.00

Delivery time: ***Wednesday afternoon between 2.00pm and 4.00pm***
Saturday morning between 10.00am and 11.00am

Public Holidays 2014

Good Friday–Friday 18 April

Easter Monday–Monday 21 April

ANZAC Day–Friday 25 April

Western Australia Day–Monday 2 June

Queen's Birthday–Monday 29 September

Christmas Day–Thursday 25 December

Boxing Day–Friday 26 December



School Terms 2014

Term 1–3 February to 11 April

Term 2–28 April to 4 July

Term 3–21 July to 26 September

Term 4–13 October to 18 December



ADVANCE NOTICE



ANZAC Day Dawn Service

6.00am on Friday 25 April 2014

Outside the Shire Office

Immediately followed by a Gunfire Breakfast

Everyone is welcome to attend

PLEASE NOTE

Contributions for the April 2014 edition of the Menzies Matters are required by Friday 21 March 2014.

Please email articles and photos to mcd@menzies.wa.gov.au or drop them off to the Visitor Centre or the Shire Office.

Let's make our newspaper something we can all be proud of!

How is your super going?

WA Super will be conducting one-on-one super consultations at your workplace.

Super doesn't have to be complicated. Let us talk you through all the basics you will need to know about your super.

Book in today if:

- You are nearing retirement and want to know your options
- You have other super funds that you want to consolidate into WA Super
- You want to check the insurance you can have in WA Super or how much it would cost
- You would like to know more about the investment options available in WA Super
- You would like to know how to get the council matching
- You are a new member or are thinking of joining the fund
- You have any other general questions about super.

Account Manager: Chris Dearson

When: Thursday 13 March 2014

Where: Menzies Shire (Admin & Depot)

How to book: Please contact Vivian at the Shire to confirm booking



wasuper.com.au

WA Local Government Superannuation Plan Pty Ltd ABN 84 066 797 162 as trustee for WA Local Government Superannuation Plan ABN 18 159 499 614, AFSL No 269086, RSE No LD001137

Level 11, 105 St Georges Terrace, Perth, Western Australia 6000
T/ 08 9480 3500 F/ 08 9480 3501 Country Call/ 1300 99 85 42

PO Box 25493, St Georges Terrace, Perth, Western Australia 6831
E/ info@wasuper.com.au W/ wasuper.com.au

Lake mor i a r t y



This beautiful fresh water lake is full of water after the heavy rain that fell at the end of January. There are many different types of water birds there at present (though only a few Banded Stilts which are more

prevalent at Lake Ballard at the moment)

Thank you to Jamie Mazza who sent in these photos after having gone exploring down that way last week.





Post office boxes are now available!

If you would like the convenience of picking up your mail at any time, day or night, why not rent a Post Office box?

You can choose a box size to suit your own needs (costs vary depending on size). Please see Bev or Daphne at the CRC for further information or an application form.





Black Crow Studios Photography course will be held on Saturday the 8 March 2014 at 2.00pm. Course will run for approximately 3 hours. Fee will be \$195. Bookings essential. Places limited.

Location: 23 Wilson St Kalgoorlie

Phone: 0431099440

Email: blackcrowstudios@yahoo.com.au



Brian 'Coach' Howson

Coach was a down to earth bloke who had the ability to see good in workers. He also had the ability to see the crap in them too, which they would hear about immediately in his own "special" words of encouragement. There were people which others would give up on, but Coach would continue with them until they learnt the intent and the process for what they were doing. His saying was "The sun will always rise tomorrow", which meant get up and go again.

Coach's method was to support them, sadly he passed away in June 2013, the Coach Foundation is to continue his support into the future.

Coach Foundation

This is a sponsorship venture we've created to support young people (18 to 25) in any industry. We provide support in the form of sponsorship for studies, employment or experience coaching in Western Australia. The foundation is to develop the edge required to do one thing better than anyone else.

Contact us (coach@howson.com.au) so we can tell you more about our support options that you might be eligible for.

Bret Howson

Writers Wanted!

\$1000 CASH AND YOUR CHOICE OF A



Xbox 360 + iPod Touch 16gb

or



PlayStation 4

or



Xbox One

The Competition

Entry is NOW OPEN in the 2014 Schools Writing Competition! Students all over Australia are invited to enter their Short Stories OR Poems, and battle it out for the great cash prizes on offer. This year - THERE IS NO THEME!! Entrants are encouraged to let their imaginations run wild and get their creative juices flowing to write on ANY TOPIC and in ANY STYLE. Students from ALL GRADES are welcome to enter - Kindergarten to Grade 12.

Enter online at www.write4fun.net ★ OR email to enter@write4fun.net ★ OR fax to (07) 5574 3644 ★ OR post with official entry form to Write4fun P.O. Box 2734, Nerang DC, QLD 4211. **Entry is FREE and all entries must be in by Sunday, March 30th, 2014.**

The Prize

POETRY PRIZE

- 1st **\$1000 CASH and YOUR CHOICE of a:**
Xbox 360 + iPod Touch 16gb (5th Gen) or
PlayStation 4 or Xbox One
- 2nd **\$250 CASH + Write4fun Gift Pack**
- 3rd **\$150 CASH + Write4fun Gift Pack**
- 15 x Finalists **Write4fun Gift Pack**

SHORT STORY PRIZE

- 1st **\$1000 CASH and YOUR CHOICE of a:**
Xbox 360 + iPod Touch 16gb (5th Gen) or
PlayStation 4 or Xbox One
- 2nd **\$250 CASH + Write4fun Gift Pack**
- 3rd **\$150 CASH + Write4fun Gift Pack**
- 15 x Finalists **Write4fun Gift Pack**

The Rules

- ★ Only one entry per student - either a Poem OR Short Story.
- ★ Entries to be typed or neatly handwritten.
- ★ Poems must not exceed 16 lines and Short Stories must not exceed 500 words.
- ★ Entries must be in by Sunday, March 30th, 2014.
- ★ Entries must be the original work of the author.
- ★ Co-written entries will be disqualified.
- ★ Entry form details must accompany each entry.

The Book



Poems and short stories entered into the competition will be considered for inclusion into our 2014 Write4Fun anthology! Those selected will have the opportunity to purchase the edition at a discounted rate. 1st, 2nd and 3rd prizewinners will receive a complimentary copy of the book.

"We are very excited to be sponsoring this competition," stated Julia Woods, Managing Editor for Write4Fun. "Reading and writing seem to be taking a back seat these days to computer games and evolving technology." Our hope is that competitions such as these inspire the students to be creative with words once more and have fun doing it!"

ENTER ONLINE: www.write4fun.net or EMAIL TO: enter@write4fun.net

MAIL TO: Write4Fun P.O. Box 2734 Nerang DC, QLD 4211 • PHONE: (07) 5574 3622 • FAX: (07) 5574 3644
www.facebook.com/Write4Fun



International Women's Day 2014



International Women's Day 2014 Theme: *INSPIRING CHANGE*

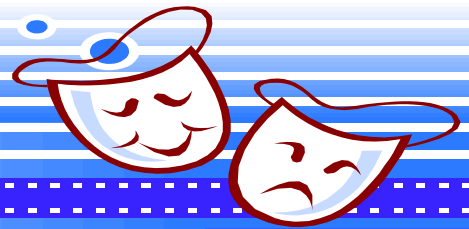
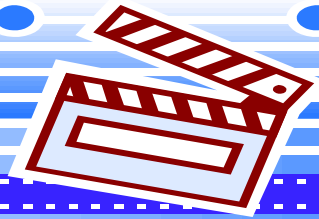
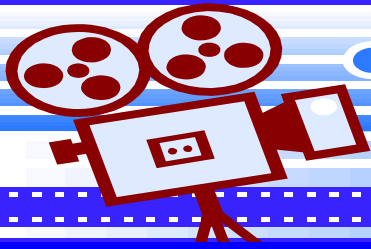
Women's equality has made positive gains but the world is still unequal. International Women's Day celebrates the social, political and economic achievements of women while focusing world attention on areas requiring further action.

Inspiring Change is the 2014 theme for our internationalwomensday.com global hub and encourages advocacy for women's advancement everywhere in every way. It calls for challenging the status quo for women's equality and vigilance inspiring positive change.

The vast array of communication channels, supportive spokespeople, equality research, campaigns and corporate responsibility initiatives means everyone can be an advocate inspiring change for women's advancement.

Each year International Women's Day (IWD) is celebrated on March 8. The first International Women's Day was held in 1911. Thousands of events occur to mark the economic, political and social achievements of women. Organisations, governments, charities, educational institutions, women's groups, corporations and the media celebrate the day.

Some groups select their own International Women's Day theme, specific to their local context. For example, the European Parliament's 2013 theme was "Women's response to the crisis" and their 2012 theme "Equal pay for work of equal value".



movie review



DALLAS BUYERS CLUB

Ron Woodroof is an electrician and rodeo cowboy with a devil-may-care lifestyle who is blindsided with an HIV-positive diagnosis and given 30 days to live.

He quickly finds a lack of approved medications in the US and crosses the border into Mexico where he learns about alternative treatments and begins smuggling them into the US.

Ron finds an unlikely ally in fellow AIDS patient Rayon, a transsexual who shares Ron's lust for life and entrepreneurial spirit. They establish a "buyers club," where HIV-positive people pay monthly dues for access to the newly acquired supplies.

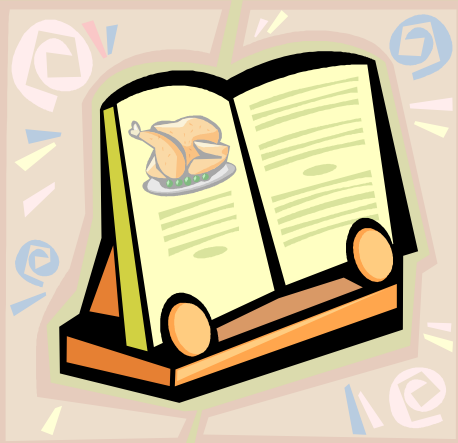
Deep in the heart of Texas, Ron's pioneering underground collective beats loud and strong as he fights for dignity, education, and acceptance.

STARRING: Matthew McConaughey, Jared Leto, Jennifer Garner, Steve Zahn, Dallas Roberts

DIRECTOR: Jean-Marc Vallee

RATING: 8/10

AWARDS: Golden Globe Award for Best Actor – Motion Picture – Drama, Golden Globe Award for Best Supporting Actor – Motion Picture, Screen Actors Guild Award for Outstanding Performance by a Male Actor in a Leading Role, Screen Actors Guild Award for Outstanding Performance by a Male Actor in a Supporting Role, Broadcast Film Critics Association Award for Best Supporting Actor, Broadcast Film Critics Association Award for Best Actor, Gotham Independent Film Award for Best Actor



Recipes

Irish Soda Bread

4 cups flour
2 teaspoons bicarbonate of soda
1 teaspoon salt
60g butter, cubed
2-2 1/4 cups buttermilk



- **Preheat oven to 190°C. Line a tray with baking paper. Sift 4 cups flour, 2 teaspoons bicarbonate of soda and 1 teaspoon salt into a large bowl.**
- Rub in 60g butter, cubed. Mix in 2-2 1/4 cups buttermilk to form a dough. Bring together on a floured surface to form a ball.
- Shape dough into a 20cm round. Place on the tray. Cut a cross in the top. Bake for 35-45 minutes. Serve with butter and golden syrup.

Guinness and Beef Pie

2 kg diced chuck steak
3 sliced onions
4 crushed cloves garlic
1 tablespoon oil
2/3 cup plain flour
400ml Guinness
2 cups beef stock
Ready-rolled puff pastry
1 beaten egg



- Brown 2kg diced chuck steak in hot oil. Set aside. Cook 3 sliced onions and 4 crushed cloves garlic in 1 tablespoon oil until golden. Sprinkle in 2/3 cup plain flour and cook for 1 min.
- Return meat and juices to pan, add 400ml Guinness and 2 cups beef stock. Bring to the boil. Reduce heat, simmer for 2 hours until tender and sauce has thickened.
- **Preheat oven to 200°C. Spoon beef mixture into eight 250ml ovenproof ramekins. Cut out eight circles of ready-rolled puff pastry to cover. Press firmly onto dishes and seal. Brush with 1 beaten egg, place on a tray and bake for 25 minutes until golden. Freeze uncooked pies, wrapped in plastic then foil. Defrost before cooking.**

FIND THE HIDDEN WORDS



TOMATO
COW
TRACTOR
HORSE

SHEEP
BASKET
CAT



K.I.D.S.

Share when you find chaos

G	V	M	I	R	F	Q	F	B	H	X	H	T	Y	D
B	D	Q	R	W	M	N	N	D	O	C	S	B	T	Z
A	N	K	V	Z	H	N	S	B	F	J	M	C	C	R
S	C	M	A	P	Y	S	H	G	W	L	O	F	W	G
F	F	D	N	E	H	L	S	O	P	U	Y	A	N	G
X	M	G	V	G	M	O	I	N	P	N	K	I	L	K
V	W	N	D	Y	A	C	S	N	F	E	U	M	A	A
T	J	H	P	H	E	S	Q	U	B	X	T	K	P	P
Y	H	O	C	W	Y	E	Q	Z	Z	B	C	H	E	O
X	H	Z	W	V	B	F	P	V	Z	Y	E	W	M	X
H	V	F	D	R	S	N	Q	C	B	B	P	T	S	P
S	L	S	H	Q	X	Q	X	A	F	U	R	J	N	D
Z	M	F	F	Q	B	A	G	F	M	R	S	R	W	P
Y	G	M	X	D	T	E	R	N	R	J	N	X	A	B
I	F	G	C	E	Q	F	Y	V	Q	S	F	Z	O	B



BRAINPAGES.org

Word play

Can you guess these words and expressions?

1 school	2 cof fee	3 W A L K
4 store	5 cloudy	6 MILL1ON
7 TROUBLE	8 EVER EVER EVER EVER	9 e l k c u b

More on page 6

Find the differences

Can you find 8 differences between picture A and picture B?



Picture B on page 13

12

www.bestofthereader.ca

PAGES

Magical Mini Muffins

You will need:

- 1 1/4 cups self-raising flour
- 1 egg
- 1/2 cup milk
- 60g butter, melted, cooled slightly
- 75g shaved ham, chopped
- 1/2 cup grated tasty cheese

You should:

- Preheat oven to 200°C. Line two 12 x 1 1/2-tablespoon capacity mini muffin pans with foil or paper cases (press in to fit).
- Sift flour into a bowl. Make a well in the centre. Using a fork, whisk egg and milk in a bowl. Add to flour with butter. Using a spatula or metal spoon, fold together until just combined.
- Add ham and cheese. Fold through until combined. Spoon mixture into cases. Bake for 15 minutes or until a skewer inserted into centre comes out clean. Serve muffins warm or at room temperature.



Local Information

CAMPING AREAS



Camping sites in the Menzies area are available at Lake Ballard (51km west of Menzies) and Niagara Dam (65km north east of Menzies).

Facilities at these sites include toilets, barbecues and rubbish bins. *Potable water at Lake Ballard only.*

Please remember to preserve these areas for future generations and
'Take nothing but photographs, Leave nothing but footprints'

MENZIES CARAVAN PARK

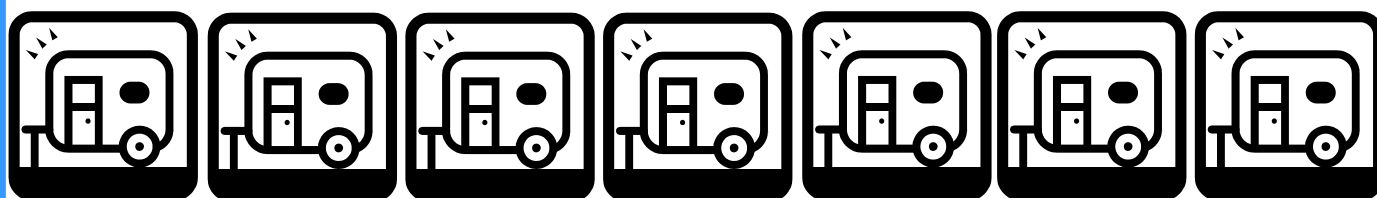


Situated on the corner of Shenton and Brown Streets, Menzies (entrance from Brown Street).

Recently refurbished sites (powered or unpowered), new **camper's kitchen, lawn area for camping, laundry (with coin operated washing machines)**, new ablution blocks.

Rates start from \$12.00 per night.

Bookings can be made through the Menzies Visitor Centre (90242702) during business hours or after hours 0448 242041 (Park Manager).





March

4th	Shanelle Williams
4th	Kaylene Tucker
5th	Marie Grainger
5th	Bev Golding

If you would like your birthday (or the birthday of a family member or friend) included on this list, please drop details in to staff at the Shire Office or the Visitor Centre.

NEED YOUR **EYES** CHECKED?

**ANTHONY KING,
OPTOMETRIST**



Will be across from the Council Chambers
on Shenton Street on

Wednesday 12th March from
9.30am - 1.00pm

Please call 9091 1855 to book an
appointment

Examinations are bulk-billed to
Medicare



Nurse Practitioner Clinic

A NURSE PRACTITIONER CLINIC HAS BEEN SCHEDULED FOR WEDNESDAYS 0930 TO 1430 FROM THE 5TH MARCH 2014 AT THE MENZIES NURSING POST

What is a Nurse Practitioner? A Nurse Practitioner (NP) is an advanced practice registered nurse (APRN) who has completed advanced didactic and clinical education beyond that required of the generalist registered nurse (RN) role.

Nurse Practitioners are able to manage acute and chronic medical conditions through comprehensive history taking, physical exam, and the ordering of diagnostic tests and treatments. NPs (within their scope of practice) are qualified to diagnose medical problems, order treatments, prescribe medications, and make referrals for a wide range of acute and chronic medical conditions. NPs can serve as a patient's primary health care provider and they may see patients of all ages depending on their specialty.

Proposed Wednesday Clinic dates

12th March 2014 (0930 – 1430)

19th March 2014 (0930 – 1430)

26th March 2014 (0930 – 1430)

2nd April 2014 (0930 – 1430)

9th April 2014 (0930 – 1430)

Watering Days in Menzies

Last digit of your lot or house number	Your scheme watering days are:
1	1st, 3rd, 5th, 7th, 9th, 11th, 13th, etc
2	2nd, 4th, 6th, 8th, 10th, 12th, 14th, etc
3	1st, 3rd, 5th, 7th, 9th, 11th, 13th, etc
4	2nd, 4th, 6th, 8th, 10th, 12th, 14th, etc
5	1st, 3rd, 5th, 7th, 9th, 11th, 13th, etc
6	2nd, 4th, 6th, 8th, 10th, 12th, 14th, etc
7	1st, 3rd, 5th, 7th, 9th, 11th, 13th, etc
8	2nd, 4th, 6th, 8th, 10th, 12th, 14th, etc
9	1st, 3rd, 5th, 7th, 9th, 11th, 13th, etc
0	2nd, 4th, 6th, 8th, 10th, 12th, 14th, etc



4 MARCH 2014



Ash Wednesday is the first day of Lent in the Western Christian calendar. Occurring 46 days before Easter, it is a moveable feast that can fall as early as February 4 and as late as March 10. According to the gospels of Matthew, Mark and Luke, Jesus spent forty days fasting in the desert, where he endured temptation by Satan. Ash Wednesday marks the beginning of this 40-day liturgical period of prayer and fasting or abstinence. Of the 46 days until Easter, six are Sundays. As the Christian sabbath, Sundays are not included in the fasting period and are instead "feast" days during Lent. Ash Wednesday derives its name from the practice of placing ashes on the foreheads of adherents as a celebration and reminder of human mortality, and as a sign of mourning and repentance to God. The ashes used are typically gathered from the burning of the palms from the previous year's Palm Sunday. Ash Wednesday is observed by many Christian denominations, including Anglicans, Catholics, Lutherans and Methodists. Some Baptist and nondenominational churches, among other denominations, also observe this day.

Menzies has nominated for the Tidy Towns awards this year, we just need everyone to do the right thing and keep our town looking clean and tidy!



Tidy Towns Sustainable Communities Awards 2014

Nominations close 1 March 2014



www.kabc.wa.gov.au
 Phone 6467 5131
 Email Tidytowns@kabc.wa.gov.au





2013/14 SEASON CALENDAR

Please Note: All dates are subject to confirmation

2013

- 28-Sep **BUSY BEE**
- 12-Oct **CLUB MEETING**
- 26-Oct **STOCKTOBER**
- 09-Nov **LATE MODELS**
- 23-Nov **AMCA ACTION SERIES**
- 29-Nov **Friday: MONSTER TRUCKS**

2014

- 08-Feb **SUPER SEDANS**
- 22-Feb **PRODUCTION CHALLENGE**
- 08-Mar **SUPER MODS STATE TITLE**
- 21-Mar **Friday: FORMULA 500 STATE TITLE - Night 1**
- 22-Mar **Saturday: FORMULA 500 STATE TITLE - Night 2**
- 05-Apr **OPEN CLUB CHAMPIONSHIPS**
- 12-Apr **DEMO DERBY & OPEN CLUB CHAMPIONSHIPS**
- 20-Apr **RALLY EVENT**

GATES OPEN AT 5PM RACING STARTS AT 7PM







WWW.KALGOORLIESPEEDWAY.COM.AU

MARCH 2014

National Epilepsy Awareness Month

Melanoma March

Dine in for Diabetes

Mon	Tue	Wed	Thu	Fri	Sat	Sun
31 March	1 April All Fool's Day 				1 March St David's Day 	2 YMCA Swimathon
3 Public Holiday (Labour Day)	4 Shrove Tuesday	5 Ash Wednesday	6	7	8 International Women's Day 	9
Lymphoedema Awareness Week 1-9 March						
10 Commonwealth Day 	11	12	13 World Kidney Day	14	15	16
International Brain Awareness Week 10-16 March						
World Glaucoma Week 9-15 March						
17 St Patrick's Day 	18	19	20 National Close the Gap Day World Oral Health Day Kalgoorlie Speedway	21 Harmony Day  Kalgoorlie Speedway	22 Lynch Syndrome Awareness Day Goldfields Giants play in Kalgoorlie	23
24	25	26 Purple Day for Epilepsy Awareness	27 Shire Council Meeting 10.00am	28	29 Goldfields Giants play in Kalgoorlie	30