



Menzies Matters

March 2026 | Issue 205



Grand Hotel, Kookynie – Photo by CJ Maddock

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Shire President's Report

It was sad news to hear of the passing of former councillor and Grand Hotel Kookynie publican Kevin Pusey. Kevin was a well-

known and respected member of the community, and his contribution to Kookynie and the wider district will not be forgotten.

I attended his funeral in Kalgoorlie, which was supported by people who travelled from far

and wide to pay their respects — a true testament to the impact he had on so many lives. Our sincere condolences go to his wife Margaret and to all his family during this difficult time.

Council has now held its first meeting for 2026, and we are hopeful for a productive and positive year ahead for the Shire of Menzies. We look forward to working together to achieve great outcomes for our community in the year ahead.

Paul Warner



Acting CEO's Message

Last month I mentioned that the councillors would be looking at priority setting initiatives in order to

let the Acting CEO know where our energies should be directed. The session enjoyed enthusiastic participation from all councillors with a vote taken at the closure on all items discussed. Opportunities surrounding Lake Ballard rated highly, along with supply of industrial land, Menzies Playground, Niagara Dam and the historical cottages at Goongarrie. Councillors acknowledged that some matters had been 'on the books' for some time and that action needed to be taken.

At its meeting held on 19 February, councillors acknowledged the passing of former councillor Kevin Pusey. The Shire President Cr Paul Warner noted Kevin's service to the district

and who, along with his wife Margaret, ran the Kookynie Hotel.

A warning to all residents and visitors to be snake aware. The Community Resource Centre and the Council Administration Office have had visits from venomous snakes over the past few days, prompting a review of our safety procedures, medical kits and training.

There appears to be a growing interest in the purchase of land in both Menzies and Kookynie and at its last meeting the council resolved to advertise a number of blocks where offers have been received.

Also at its meeting the Council resolved to ask the Acting CEO to prepare a report recommending the creation of a community based committee to advise the council on matters relating to the development of a Community Centre in Shenton Street.

Rob Stewart

Ordinary Meetings of the Council

The next Ordinary Council Meeting is scheduled to be held on **Thursday 19 March at 5pm in Menzies**. Members of the public are welcome to attend. At the start of each open meeting, time is allocated for Public Question Time. The Agenda will be available to view on the Shire of Menzies website. Public questions should be submitted by 12 noon on the business day prior to the meeting by completing the form on the Shire website: menzies.wa.gov.au/council-meetings/ for more information.

The public is advised that, pursuant to Regulation 12(2)(a) of the Local Government (Administration) Regulations 1996, the Council has approved the following dates, times and locations for Ordinary Council Meetings for the period ending 31 December 2026.

Date	Time	Location
Thursday, 19 March 2026	5PM	Menzies
Thursday, 16 April 2026	5PM	Menzies
Thursday, 21 May 2026	5PM	Tjuntjuntjara
Thursday, 18 June 2026	5PM	Menzies
Thursday, 16 July 2026	5PM	Menzies
Thursday, 20 August 2026	5PM	Menzies
Thursday, 17 September 2026	5PM	Tjuntjuntjara
Thursday, 15 October 2026	5PM	Menzies
Thursday, 19 November 2026	5PM	Menzies
Thursday, 17 December 2026	5PM	Menzies

Council Meetings are open to the public, except when otherwise stated, and prior notice will be given for any Special or Committee Meetings that are called.

Recording of Meetings

- All Council Meetings are digitally recorded, for audio only, except for Confidential Agenda Items (in accordance with Section 5.23(2) of the Local Government Act 1995) during which time recording ceases.

- Following publication and distribution of the meeting minutes to Council Members the digital audio recording will be available on the Shire's website.

Defamation - cl 14K Local Government (Administration) Regulations 1996

(1) A local government is not liable to an action for defamation in relation to any of the following done by the local government as required or authorised under this Part-

- (a) publicly broadcasting a meeting;
- (b) making a recording of a meeting;
- (c) making a recording of a meeting publicly available;
- (d) retaining a recording of a meeting or a copy of a recording;
- (e) providing a copy of a recording of a meeting to the Departmental CEO.

Rob Stewart

Acting Chief Executive Officer

MENZIES NURSING POST

March 2026 Hours

Monday 2/3/26 – **CLOSED (Public Holiday)**

Tuesday 3/3/26 – 09:30am – 4:00pm

Wednesday 4/3/26 – 08:30am – 2:30pm

Monday 9/3/26 – 09:30am – 4:00pm

Tuesday 10/3/26 – 08:30am – 2:30pm

Wednesday 11/3/26 – 08:30am – 2:30pm

Monday 16/3/26 – 09:30am – 4:00 pm

Tuesday 17/3/26 – 08:30am – 4:00 pm

Wednesday 18/3/26 – 08:30am – 2:30 pm

RFDS Doctor Clinic - 10am – 2pm

Monday 23/3/26 – 09:30 – 4:00pm

Tuesday 24/3/26 – 08:30am – 4:00pm

Wednesday 25/3/26 – 08:30am – 2:30pm

Monday 30/3/26 – 09:30 – 4:00pm

Tuesday 31/3/26 – 08:30am – 4:00pm

Wednesday 1/4/26 – 08:30am – 2:30pm

Menzies Nursing Post

Located at:

52 Archibald St, via Mercer St, Menzies

Weekly Visits from the Community Nurse, available Monday, Tuesday and

Wednesday with monthly visits from the Doctor.

Call 08 9024 2044 or 0409 107 016 for more information.

If the Nursing Post is unattended and in need of immediate health advice call:

24 HOURS HOTLINE – 1800 022 222

POISON INFORMATION:

24 HOURS—CALL 13 11 261

ALWAYS CALL 000 FOR EMERGENCIES

DOCTORS CLINIC

Menzies Nursing Post

Wednesday 18

March

Wednesday 15 April

Wednesday 13 May

All Clinics to be confirmed closer to date.

**If you need more information:
Please Call the Nursing post on
9024 2044 Or 0409 107 016
Monday to Wednesday**

Snake Season



Safety Checklist: Tidy Up Your Yard, Keep your lawn mowed short and remove common hiding spots like long grass, rubbish piles, scrap metal, and wood stacks.

Keep Your Distance: If you see a snake, remain calm, and slowly and gently back away to a safe distance. Allow it to move away on its own.

Protect Pets: Supervise pets closely when they are outdoors.

If you have a snake that poses an immediate threat or if it is inside your house, call for safe removal and relocation.

John Warner 0418 901 926

Ivan Bagohin 0491 289 551

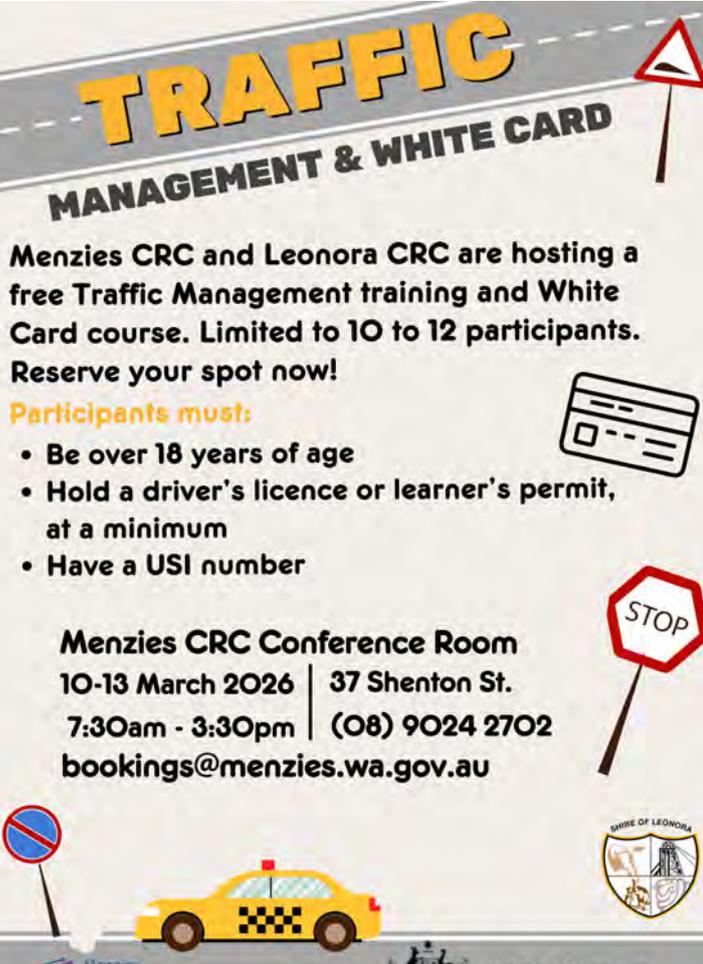
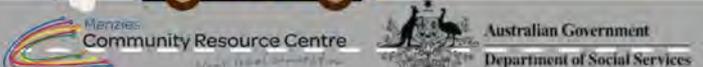
TRAFFIC MANAGEMENT & WHITE CARD

Menzies CRC and Leonora CRC are hosting a free Traffic Management training and White Card course. Limited to 10 to 12 participants. Reserve your spot now!

Participants must:

- Be over 18 years of age
- Hold a driver's licence or learner's permit, at a minimum
- Have a USI number

Menzies CRC Conference Room
 10-13 March 2026 | 37 Shenton St.
 7:30am - 3:30pm | (08) 9024 2702
bookings@menzies.wa.gov.au

MENZIES SKATEPARK ARTWORK & OPENING

ARTWORK, WORKSHOPS & GRAND OPENING

MARCH 13 FROM 12:30




MENZIES COMMUNITY EATS

connect with friends, family and neighbours



HARMONY WEEK

Wednesday 18 March 12pm - 1pm
 Ngalipaku Rec Centre

SNAKE HANDLING WORKSHOP

Menzies CRC and Leonora CRC are hosting a free snake handling workshop. Limited to 10 to 12 participants. Call, email or visit the Menzies CRC to reserve your spot.

19 March 2026
 8:30am - 4:30pm
 Ngalipaku Rec Centre
 (08) 9024 2702




bookings@menzies.wa.gov.au



Menzies Aboriginal
Corporation



**MENZIES
COMMUNITY SCHOOL**

*Fakelpa. Ninterrinkula
Happy Learning*



Menzies

**Community
Resource
Centre**



Harmony Day Celebrations

WED
18
MARCH
9am to
1pm

Join us for some
- Art & Crafts activities
- Outdoor sport games
- Lunch provided at the
Ngalipaku Centre
Everyone is welcome

For more information contact the Menzies CRC or School



Microsoft Training



Menzies CRC & Leonora CRC will be hosting a free Microsoft training to elevate your Microsoft software skills.

- 📍 CRC IT Room
- 📅 24 & 26 March
- 🕒 9am - 4pm
- 📍 Menzies School
- 📅 25 March
- 🕒 8am - 2pm



For enquiries, visit or call the CRC.

(08) 9024 2702
37 Shenton St.
bookings@menzies.wa.gov.au



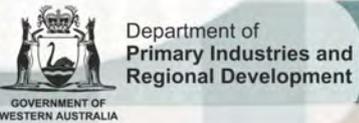


Menzies

Seniors & Friends Menzies CRC

Wednesday 25 March 2026

**NEED A LIFT? Call the CRC
9024 2702 or meet there 12pm**

FIRST Aid COURSE

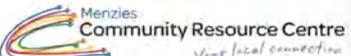


Menzies CRC and Leonora CRC are hosting a free first aid course. Learn essential skills and be ready when it matters.

Call or visit the Menzies CRC to reserve your spot

Menzies CRC Conference Room
bookings@menzies.wa.gov.au
37 Shenton St.
(08) 9024 2702
26 March 2026
8:30am - 4:30pm






Saturday Mass & Morning Tea

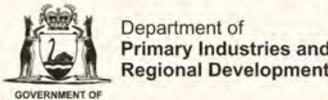
Saturday, 28 March

**Service Time: 10am
by St. Mary's Parish
Goldfields Catholic
Community**

**Morning Tea: 10:45am
provided by Menzies CRC**

**Community Building
on Shenton Street Menzies
(opposite Laurie's Cafe)**

All Welcome




FORKLIFT & EARTH MOVING *Training* MACHINERY

Menzies CRC & Leonora CRC will be hosting a free Forklift, Skid Steer, Loader, Grader training at the Caravan Park.

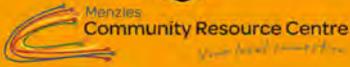
Participants must:

- Be over 18 years of age
- Hold a driver's licence or learner's permit, at a minimum
- Have a USI number
- Be an experienced operator (Grader)

Call or visit the CRC to reserve your spot.

From Monday 30 March
8am Start

37 Shenton St.
(08) 9024 2702



Australian Government
Department of Social Services

EXCEPTIONAL CUSTOMER SERVICE

TRAINING

Menzies CRC and Leonora CRC are hosting a free Exceptional Customer Service training session. Build confidence in communication, professionalism and handling customer enquiries.

MENZIES CRC
CONFERENCE ROOM

Wednesday 15 April 2026

9am - 4pm

37 Shenton St.

(08) 9024 2702

bookings@menzies.wa.gov.au



Australian Government
Department of Social Services

LEGENDS OF THE SEVEN SISTERS



Join us at the Mt Owen Stargazing Pad for a special presentation

Tales of the Pleiades Across Five Cultures

Monday 20 April 2026 | From 6pm

ANZAC DAY

Saturday 25 April 2026

Dawn Service will be held

at 6am at the

Menzies Town Hall War

Memorial

Followed by a gunfire

breakfast



Chess nights

I would have thought that I'd see more people attending the regular monthly chess nights. Chess is a very valuable game to learn to play. There is no luck involved in playing, and possibly winning at chess. Chess enables the betterment of one's "critical thinking skills". I know that it can take some time to learn the basics of playing chess. So, in an effort to help the learning process I've decided to outline how the various pieces move on the chessboard.

The King moves only one space at a time in any direction. The king can take opposing pieces. The only restriction is that the king cannot move into a position of check.

The Queen has much more power. She can move diagonally on the board, the same as a Bishop. She can also move sideways and back & forth just like a castle. She cannot jump over other pieces. She occupies the square of her own colour at the start of the game.

The Bishops move diagonally only, which means that one bishop will always be on black squares while the other bishop will always occupy white squares. Bishops cannot jump over other pieces.

The Horse or Knight moves in a much different way. Its movement resembles an 'L' shape. That is, its move consists of moving 1 square in sideways (or back & forth), and then 2 squares back & forth (or sideways), that is, the other direction. The knight is the only piece that can jump over other pieces.

The Castle or Rook moves sideways or back & forth. It cannot jump over other pieces. The castle is involved in a special move called 'castling', but that's easier to learn once the basics are mastered.

The Pawns are the lowliest pieces. For their very first move, each pawn can move either 1 square forward or 2 squares forward. After this initial move they are limited to only 1 square forward. They are the only pieces that cannot move backwards. Pawns are the only pieces for which taking

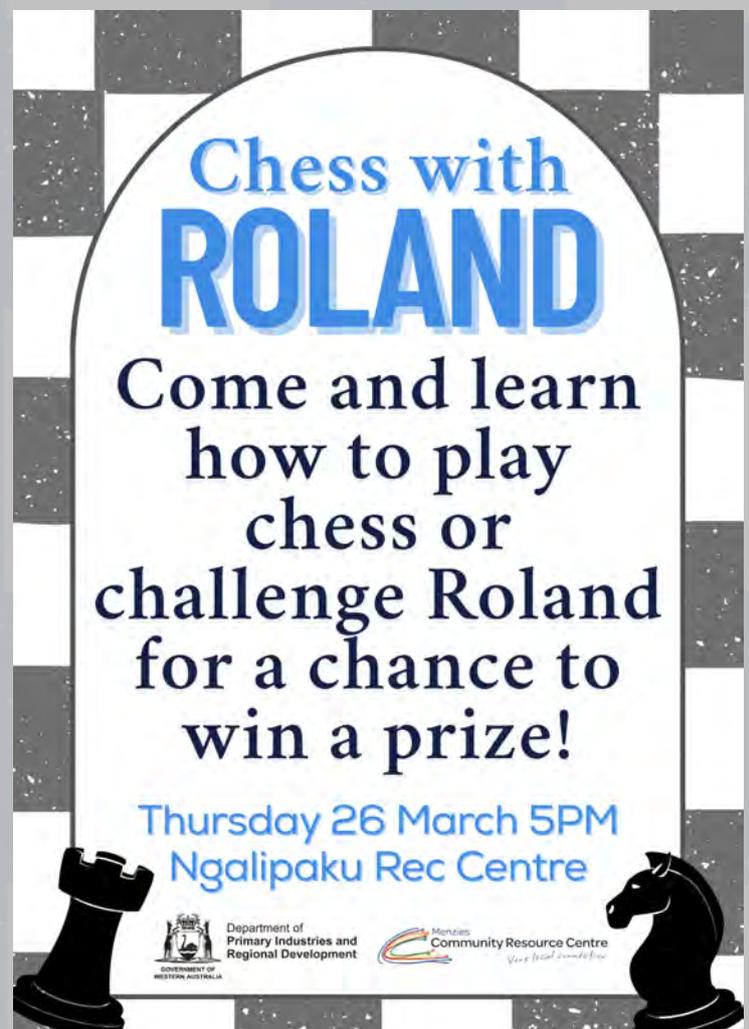
any opposing piece is not straightforward. If a pawn is in a position where it may take an opposing piece (that is, 1 square ahead diagonally), it can only do so by moving that 1 square diagonally forward. It is also possible for the same pawn to not take an opposing piece by simply moving straight forward its usual 1 square instead, and thereby effectively moving past the opposing pawn.

There is no obligation to take any opposing piece. The game comes to an end (Check Mate) when the king is put into check and is unable to move out of check, and/or the attacking piece cannot be eliminated or blocked.

The critical thinking skills that are improved by playing chess can be used in many everyday situations. It is a most valuable skill to have.

Regards

Roland



**Chess with
ROLAND**

**Come and learn
how to play
chess or
challenge Roland
for a chance to
win a prize!**

**Thursday 26 March 5PM
Ngalipaku Rec Centre**

 Department of
Primary Industries and
Regional Development

 Municipal
Community Resource Centre
Your local community





MENZIES COMMUNITY SCHOOL

Pukulpa Nintirrinkula
Happy Learning

Welcome to Term 1 and the start of a new school year at Menzies Community School. We are focused on a settled, safe and successful start for all students and value the strong partnership we share with our families.

Staffing

Our new Wanampi teacher, Mrs Kemi will be arriving very soon, so in the meantime, I would like to welcome Ms Curtayne to our school as the new Wanampi teacher. She comes to us with many years' experience in various schools around the state. Mrs Pinker will again be our Marlu teacher, Miss Lisa as our Yilpa teacher, and Miss Maybelle as our specialist teacher. I would also like to welcome Miss Jameelah as our new education assistant.

I would also like to welcome Miss Jess. She is our new Student Wellbeing Officer (SWO) and is employed through Anglicare. If you would like your child to see her, please email me.

Attendance update

We want to celebrate the progress we're seeing – students who have been coming consistently every day are making amazing gains. Currently our whole-school attendance rate sits at 64%, with 31.2% of students achieving regular attendance. While this is a start, there's more work to do.

Why does attendance matter?

Every day at school counts. When students attend regularly, they:

- build on their learning day by day, increasing achievement and confidence
- strengthen relationships with peers and teachers, boosting engagement and wellbeing
- set habits that support success across life – socially, academically and later in work.



EVERY DAY COUNTS

1 to 2 days a week doesn't seem much but...

If your child misses....	That equals...	Or...	From Kindy to Year 12, that adds up to...	Which is the same as attending until....	Your child's attendance rate will be....	Attendance risk category
1 day per fortnight	20 days per year	1 month per year	Nearly 1.5 years	Part-way through year 11	90%	regular
1 day a week	40 days per year	2 months per year	Over 2.5 years	Part-way through Year 10	80%	Indicated
2 days a week	80 days per year	4 months per year	Over 5 years	The end of Year 7	60%	Moderate
3 days a week	120 days per year	6 months per year	Nearly 8 years	The end of Year 4	40%	severe

EVERY MINUTE COUNTS

10 to 20 minutes a day doesn't seem much but...

If your child misses....	That equals...	From Kindy to Year 12, that adds up to...	Which is the same as attending until....	Your child's attendance rate will be....	Attendance risk category
30 minutes a day	½ day of learning each week	Nearly 1.5 years	Part-way through year 11	90%	regular
1 hour a day	1 day of learning each week	Over 2.5 years	Part-way through Year 10	80%	Indicated
2 hours a day	2 days of learning each week	Over 5 years	The end of Year 7	60%	Moderate
3 hours a day	3 days learning of each week	Nearly 8 years	The end of Year 4	40%	severe

Meetings will be organised for the parents and students who are in the At Risk Severe category.

Term 4 camp – parent meeting notes

We held our first parent meeting about the Term 4 camp for students in Years 3 and up. To be eligible to attend, students must have at least 80% attendance for the year and remain in good standing. Based on current data, we have 9 students eligible to go. The next camp meeting will focus on ideas from parents about destinations. Students have already suggested:

Albany Coral Bay Rottnest Island Perth

Mrs Pinker will share the next camp update soon.

Health News

We've also welcomed dental students from the University of Western Australia, who have been on site conducting check-ups with our students. This is a great opportunity to promote oral health while students learn about care and prevention. These future dental professionals are part of a supervised clinical training program that supports community health and professional learning. They will return again in Term 3 for follow-up visits.

We've also welcomed dental students from the University of Western Australia, who have been on site conducting check-ups with our students. This is a great opportunity to promote oral health while students learn about care and prevention. These future dental professionals are part of a supervised clinical training program that supports community health and professional learning. They will return in Term 3 for follow-up visits.

A visiting Speech Therapist and Occupational Therapist starting at the school next week. If you think your child would benefit from either of these services, please send me an email.

Uniforms

Students are expected to attend school each day wearing the Menzies Community School shirt, black shorts or pants, enclosed shoes, and a school hat. The Department of Education WA has a strict no-denim policy. For safety reasons, thongs or slides are not permitted at school. Due to recent snake sightings on school grounds, enclosed footwear is essential.

If a student arrives wearing incorrect uniform, parents will be contacted to bring in the correct uniform before the student continues their day. As a SunSmart School, our No Hat, No Play policy applies every day.

Communication with the school

To ensure clear, consistent and respectful communication, email is the school's preferred method of contact. Email allows staff to respond thoughtfully, maintain accurate records, and ensure that all communication is handled appropriately. Phone calls and meetings can be arranged where necessary; however, these will generally be scheduled in advance. We appreciate families supporting this approach so we can work together in a positive and productive way.

Email addresses are:

School: Menzies.CS@education.wa.edu.au

Principal: Megan.Irving@education.wa.edu.au

Mrs Megan Irving

PRINCIPAL

Meet the Colonel

The first post master at Menzies

From pioneering country postmaster through a distinguished departmental and military career to the title of Colonel and the position of Deputy Director of Posts and Telegraphs is the history of Mr. S. H. R. Roberts. He joined up with the postal service in Victoria in 1889 and served mostly in the Wimmera district. 1895 saw him making West and he was the pioneer postmaster at Menzies, and later at Kanowna.

He got back to Perth in time to leave in command of the last squadron from W.A. for the South African War. Now president of the 11th Battalion Association, he was second in command and then commander of that body in the Boer War.

In the postal service he passed between Perth and Sydney several times after the war gaining promotion each time. Municipally he has been a Councillor at Suby for years he, is president of the Suby Civic and Literary Society, and Grand President of Druids. Hobby, gardening, and now keenly interested in broadcasting. "Great thing for the people outback" says the Colonel, who is D.S.O. and was decorated by the King personally.

Taken from the Truth, 3 March 1929

For more stories about the first postmaster in Menzies refer to Menzies Matters issue 190, December 2024, Postal Chief's Memories—Business in a Tent



S. H. R. Roberts

POSTAL CHIEF'S MEMORIES.

Business in a Tent.

The newly-appointed Deputy Director of Posts and Telegraphs (Mr. S. H. R. Roberts) arrived in Perth by the Great Western express yesterday. Mr. Roberts is no stranger to Perth, having been for two years Superintendent of Mails here; for over twenty in various official positions in the Postal Department in Western Australia; and for many years a Subiaco councillor. Subiaco regarded him as one of the chief of its war heroes, re-electing him to the council while he was absent on active service. He went to the front as a major in the 11th Battalion, and returned a lieutenant-colonel. After the war, Mr. Roberts went to Sydney for two years, where he was Assistant Superintendent of Mails in charge of the parcels service. Thence he returned to Perth as Superintendent of Mails, occupying that position for another two years, at the expiry of which he was again transferred to Sydney in the same capacity. That was four years ago, and he now returns to the State which he regards as home, in charge of the entire postal and telegraphic services of Western Australia.

During the course of an interview shortly after his arrival, Mr. Roberts grew reminiscent.

"I came over here from Victoria in 1895," he said, "and subsequently became the first postmaster at Menzies during the gold rush. We took that post office up to

Menzies by coach—an easy matter, since it was only a 14qt. A little later, our staff grew to 15, and at one period 13 of them were down with typhoid fever. We were working by day and nursing by night. While I was there the community ran short of flour, and when the first supplies did come to hand we were rationed, each man getting 2lb. of flour. Everything reached us by Cobb's coach, and the only water procurable was condensed, and cost, I think, 6d. a gallon. They were great days! I spent Christmas Day, 1895, in the cellar of a hotel kept by Mr. Gregory, who is now a member of the House of Representatives. It was the only moderately cool spot in the place, and we were lucky to get an invitation. All our meat came out of tins. I was also postmaster at Kanowna during that rush-stirring time."

The reminiscent smile faded slowly from Mr. Roberts's face, and his conversation suddenly bridled the years.

"I am really delighted to be back," he said simply. "It's like coming home. It seems to me that nowadays a man must go East in order to get back West. I am genuinely surprised at the progress which Perth has made in the last four years, and it shows what big hearts the men have who are developing nearly half the continent. In the last hour I have met more men who know and are ready to greet Steve Roberts than I should meet in 12 months in Sydney."

Above article and image supplied by the Eastern Goldfields Historical Society.

Since its formation in 1946, the Eastern Goldfields Historical Society has been recording, preserving, researching and promoting the history of this region with one goal – ensuring that our shared heritage and ghost town memories live on. Come and view the displays and explore the extensive collection of historical photographs, reference materials, books and significant objects.

Where we are: Old Boulder Municipal Power Station Building, 49 Hamilton Street, Boulder (next to Loopline Park) **Opening times:** Weekdays: 9.00am to 2.00pm

For more information please visit www.kalgoorliehistory.org.au



EASTERN GOLDFIELDS
HISTORICAL SOCIETY INC.
Preserving & promoting Goldfields history

BALL AT KOOKYNIIE

The annual St. Patrick's ball, the first dance of the season, was held in the Institute, and, being favoured with a delightfully cool evening, was an unqualified success in every way. Over 50 couples were present. The ball was decorated specially for the occasion, green being the prevailing color.

The stage, over which was suspended the ancient Irish national greeting, "Cead mile failthe," was comfortably arranged for spectators, who sat behind a number of nicely arranged pot plants. The supper room arrangements and decorations were carried out under the superintendence of Mrs Buckley, assisted by Mrs. T. Campbell (Murrin), and Misses Costello; Schmidt, and other willing helpers, and were the subject of most favourable comment on every side. The Mayor (Mr. M. J. O'Keefe), who presided, called on Mr. R. O'Connor

to propose the toast of "The Day we Celebrate." He (the speaker) recalled the first St Patrick's celebrations and sports held in Kookynie, and the series of successful reunions since held.

W.A. Record, Saturday 31 March 1906



A KOOKYNIIE NOVELTY: AN IRISH JAUNTING CAR.

Image taken from Kalgoorlie Western Argus, 27 March 1906, enhanced with AI



A KOOKYNIIE NOVELTY: AN IRISH JAUNTING CAR.

My Sentimental Journey recounts a 1969 visit by a former resident, Lena, returning to her birth-place after 53 years. In this evocative letter, she shares vivid memories of her childhood during the early 20th century, describing Menzies as she knew it then—a booming mining town.

We are pleased to present the third instalment of her journey home.

John stayed home to study and Gary, Carolyn & I set off in the comfortable Falcon car, firstly a couple of miles out to the cemetery. The graves with headstones still there, many of the names I remembered and some had been school pals, died so very young, mostly from diphtheria & typhoid fever. Many young men (24 to 40 years old) killed in the mines.

From the cemetery we went back via the airstrip (non existent when we were there). Then eastwards over railway crossing to the school, closed for August holidays. All much the same as I remembered, a classroom less I think and the shed, if not the same, one similar — wooden plank seats round sides & back & the front open, but I think there used to be 2 sheds, one for boys, one for girls.

Well, I remembered one morning recess time my older sister slipped in the shed and broke an arm. My father had been called from work and fetched her from the hospital a few hundred yards away from the school. He had to hire a horse & sulky for transport. The same day in the lunch hour, I cut my leg above the knee and had to be carried by older boys to the hospital for many stitches. My father back at work only a short time when he had to repeat the hiring of the horse & sulky to take me home.

(That hospital has long since gone.) The present one is the one-time Magistrate's residence. My

sister & I were highly delighted not to be at school for some weeks but quite enjoyed playing teacher & pupil often.

Back in the car again with Gary, & we were in a spot that used to be called the "Areas" why, I don't know it used to have many houses there and in the background, just as though at some time it had jumped up from the ground is "Harcourt Hill" on the top of which is a tank holding the town water supply, which is pumped from a dam about 2 miles away.

Driven on out to the old remains of the Goode-nough gold mine, where my father was seriously hurt & never returned to working in the mines. Gary collected 3 types of stones for me from that spot. We then went on a few miles out to where Rio Tinto had set up the necessary equipment for exploration, including many modern caravans to house the men.

Returning past the school I recalled I had always thought we children had a long way to walk to school, & so we did until we went to Hotel life where Shenton St (the main street) divides the town in two. We lived on Friday Hill west of Shenton St & the school east.

We drove round the outskirts of the town to the dam, rifle range, native reserve. (Carolyn was pleased to see 2 big red kangaroos on the range). Turned westward and on to the Mulline Road, passed the present State battery idle for days on end. We went as far as the old Friday Battery or rather where it used to be, but could not pinpoint the "sand dump" on the spot of ground where our house used to be on Friday Hill.

To be continued in our next issue...

What's Up in the Night Sky?

Mars, Mercury and the Moon

Mercury

Mars
Moon

E

Image provided courtesy SkySafari,
SkySafariAstronomy.com

For the early birds on 18 March, there's a beautiful view of the Moon and Mars appearing very close to one another with the Moon just nearby. Mars is the red star-like object above the Moon. Bright Mercury is a little higher up.

Use the above image as a guide. Astronomical images provided by SkySafari, a Simulation Curriculum Company, All rights reserved www.simulationcurriculum.com.

When and where to look:

5.45am, 18th March above the eastern horizon.

What's up in the night sky? Visit www.astrotourismwa.com.au.

Happy stargazing!

Diabetes is a chronic condition in which the levels of glucose (sugar) in the blood are too high. Blood glucose levels are normally regulated by the hormone insulin, which is made by the pancreas. Diabetes occurs when there is a problem with this hormone and how it works in the body. Around 5% of Australians aged 18 years or older have diabetes. The risk of diabetes increases with age and Aboriginal people have one of the highest rates of type 2 diabetes in the world.

The body uses glucose as its main source of energy. Glucose comes from foods that contain carbohydrates, such as potatoes, bread, pasta, rice, fruit and milk. After food is digested, the glucose is released and absorbed into the bloodstream.

The glucose in the bloodstream needs to move into body tissues so that cells can use it for energy. Excess glucose is also stored in the liver, or converted to fat and stored in other body tissues.

Insulin is a hormone made by the pancreas, which is a gland located just below the stomach. Insulin opens the doors (the glucose channels) that let glucose move from the blood into the body cells. It also allows glucose to be stored in muscle, the liver and other tissues. This is part of a process known as glucose metabolism. If the insulin cannot do its job, the glucose channels cannot open properly. Glucose builds up in the blood instead of getting into cells for energy. High blood glucose levels cause the health problems linked to diabetes, often referred to as complications.

Some types of diabetes have no symptoms, and can go undiagnosed for a long time, but some common symptoms can include:

- being more thirsty than usual
- passing more urine
- feeling tired and lethargic
- slow-healing wounds
- itching and skin infections, particularly around the genitals

- blurred vision
- nausea and vomiting
- weight loss
- mood swings.

The fasting blood glucose test is the most common diagnostic test for diabetes. It measures the amount of glucose in the blood after fasting (not eating for an amount of time). It is usually done before you have breakfast. Other tests for diabetes include oral glucose tolerance test, random blood glucose test and glycosylated haemoglobin (HbA1c) test.

See your doctor for a diabetes test.

Treatment aims to prevent complications by controlling blood glucose levels, as well as blood pressure and cholesterol levels, and by achieving a healthy body weight.

Management depends on the type of diabetes, but can include:

- taking insulin daily by injections or by insulin pump
- regulating diet so intake is matched to insulin and exercise
- increasing the amount of 'slow' carbohydrates in the diet, such as beans and fruit, which take longer to be absorbed by the body
- self-monitoring of blood sugar levels by regularly testing droplets of blood in a glucose meter
- physical activity and exercise
- medications and (potentially) insulin at a later stage
- weight management
- stopping smoking
- having regular checks for possible diabetes complications

For more information, please see a health professional.

SHIRE OF
Menzies



Take a Look Around

**Local
Advertisements**

PIONEER STORE ART GALLERY



LOCAL ABORIGINAL ART EXHIBITION // ART GALLERY

OPEN
1PM - 4PM
TUESDAY & THURSDAY

MENZIES
ABORIGINAL
CORPORATION

GOLDRUSHTOURS

GRT Minesite Transfers

BOOKINGS & ENQUIRIES

(08) 9092 6000

PURCHASE TICKET ONLINE

www.goldrushtours.com.au

Visit Menzies

**Kalgoorlie to Laverton
THURSDAYS**

Kalgoorlie (Railway Station)	10 am
Menzies	11:40 am
Kookynie Turnoff	12:05 pm
Leonora - arrive	12:45 pm
Laverton	2:30 pm

**Laverton to Kalgoorlie
FRIDAYS**

Laverton	10 am
Leonora - arrive	11:15am
Kookynie Turnoff	12:00 pm
Menzies	12:30 pm
Kalgoorlie (Railway Station)	2:00 pm

MARCH MADNESS SPECIALS

**1# SPECIAL AVAILABLE
6AM-10AM**

**BREAKY WRAP & SMALL DARE
ONLY \$17**

&

**2# SPECIAL AVAILABLE
10AM-3PM**

**MEGA TOASTIE & LARGE MILKSHAKE
ONLY \$25**

0482 686 876 UHF 38



ATTENTION

Opening hours

Monday	6:00am - 3:00pm
Tuesday	6:00am - 3:00pm
Wednesday	6:00am - 3:00pm
Thursday	6:00am - 3:00pm
Friday	6:00am - 3:00pm
Saturday	CLOSED
Sunday	CLOSED

CHECK OUT OUR FACEBOOK PAGE FOR UPDATES

0482 686 876  **UHF 38**

Laurie's Cafe

Menzies Convenience Store



Choose from an array of products ranging from

- Bread, Milk & Eggs
- Laundry needs
- General toiletries
- Soft drinks & Non-alcoholic beverages
- Candy, Packet chips & snacks
- Hot food & Dinners
- Groceries, Fresh Fruit & Vegetables

Ph: 0482 686 876 OR UHF 38

Limited time Offer

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MIXED BERRY

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Do you feel heard, valued and supported?

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We help you with:

- ✔ Upholding your rights
- ✔ Connecting with your community
- ✔ Addressing elder abuse
- ✔ Navigating vital services

Almetra is based in Kalgoorlie and is Advocare's Regional Outreach Advocate for the Goldfields-Esperance region.

To connect, please call 1800 700 600 or email: almetrab@advocare.org.au

Aged Care Advocacy Line
☎ 1800 700 600

Advocare
Empowering older people in WA

The **GRAND HOTEL**
KOOKYNIIE

EST 1902

Open 7 Days

12pm - 2pm

4pm - 9pm



MENZIES CARAVAN PARK

GATEWAY TO THE NORTHERN GOLDFIELDS,
HOME TO LAKE BALLARD INSIDE AUSTRALIA



Looking for a comfortable place to rest and explore?

The Shire-operated Menzies Caravan Park has everything you need for a relaxing stay! Perfectly positioned to explore the pioneering Goldfields and only a 30-minute drive to the iconic Lake Ballard, Inside Australia, it's the perfect outback stopover!

You'll enjoy modern, clean facilities, accessibility friendly and equipped with traveler essentials including free WIFI, air-conditioned communal camp kitchen, on-site laundry and handy black water dump point. Each spacious Powered Sites has concrete pad, access to power, fresh water and sullage point for grey water. Pet-Friendly, welcome on our powered and unpowered sites, though we ask that you please ensure they are kept on a lead.

Upgrade your stay, treat yourself to extra luxury in one of our fully self-contained modern cabins, each with a queen bed and king single, perfect for couples or families wanting a comfortable stay.

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EMAIL - BOOKINGS@MENZIES.WA.GOV.AU
OR SCAN THE QR CODE
WWW.MENZIES.WA.GOV.AU/VISIT-MENZIES



Leonora Pharmacy



FREE DELIVERY SERVICE TO MENZIES

Phone, fax or email your scripts / order to Leonora Pharmacy direct or ask at the Visitor Information Centre to fax your scripts / order through to the pharmacy (this includes non prescription items). Collect and pay for your order at the Menzies Visitor Information Centre after 2pm the following day.

LEONORA PHARMACY RESPECTS YOUR RIGHTS TO PRIVACY

Please be assured that all prescription and non-prescription items will be sent in a sealed bag.

Phone: (08) 9037 6820

Email: leonorapharmacy@iinet.net.au

COMING TO 
MENZIES
SATURDAY 18th APRIL



 **Lions Cancer Institute (WA) Inc.**



SAVING LIVES IN YOUR COMMUNITY THROUGH SCREENING AND RESEARCH

Goldfields Integrated Primary Mental Health Care (IPMHC) Schedule



CENTRECARE will be in MENZIES on the following dates in 2026:

- 16 MARCH
- 30 MARCH
- 13 APRIL
- 4 MAY
- 18 MAY
- 8 JUNE
- 22 JUNE
- 6 JULY
- 20 JULY

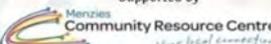
The IPMHC program is a fee free service that provides counselling and clinical care coordination to individuals experiencing and at risk of developing mental health issues or distress.

GP referrals, Provisional, self-referrals accepted.
Ages 6 years old and above.

Feel free to drop by for a yarn.

Where: Ngalipaku Recreation Centre, Menzies
Time: 11.30am - 12.30pm and 1.30 - 3.00pm

For children, youth, parents and/or carers, please feel free to drop by at the Community School Library for a chat between 12.30 - 1.30pm.

Supported by
 **Menzies Community Resource Centre**
Your local connection

For more information contact:
 9080 0333  kalgoorlie@centrecare.com.au

Follow us on: Facebook, LinkedIn, Instagram and YouTube www.centrecare.com.au



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DAVUE**

**Food Truck
& Catering**

FIND US IN THE MENZIES
HOTEL BEER GARDEN
WEDNESDAY TO SUNDAY
FROM 12PM TO 7PM
COME AND TRY OUR
HOMEMADE PIES AND
SAUSAGE ROLLS

Menzies Hotel
Mr Greens Bar

**JOIN US IN THE
BEER GARDEN
EVERYDAY FROM 12 TO LATE**

**GAS BOTTLE
REFILL**

Available from
**Mr Greens Bar
Menzies Hotel**

**D
DAVUE**

**Food Truck
& Catering**

THE CREAMIEST, DREAMIEST
HOMEMADE ICE CREAM IN THE
GOLDFIELDS.
REAL INGREDIENTS AND
A LOT OF LOVE.

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[SHBBFAS004]

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- ✓ BROW WAXING
- ✓ LASH LIFTING & BROW LAMI
- ✓ BROW HENNA

SECURE YOUR SPACE!

MENZIES
MAY 4TH-8TH
LIMITED PLACES AVAILABLE

lash
SUBLIME
ESTABLISHED



VAM PADDOCK PRODUCTIONS PRESENTS

JUST A FARMER



LEILA
MCDUGALL

FREE COMMUNITY EVENT

13 MARCH 2026

LAVER PLACE, LAVERTON

SCREENING STARTING AT 7PM

FEATURING SPECIAL GUEST, FILM WRITER AND
EXECUTIVE PRODUCER "LEILA MCDUGALL"

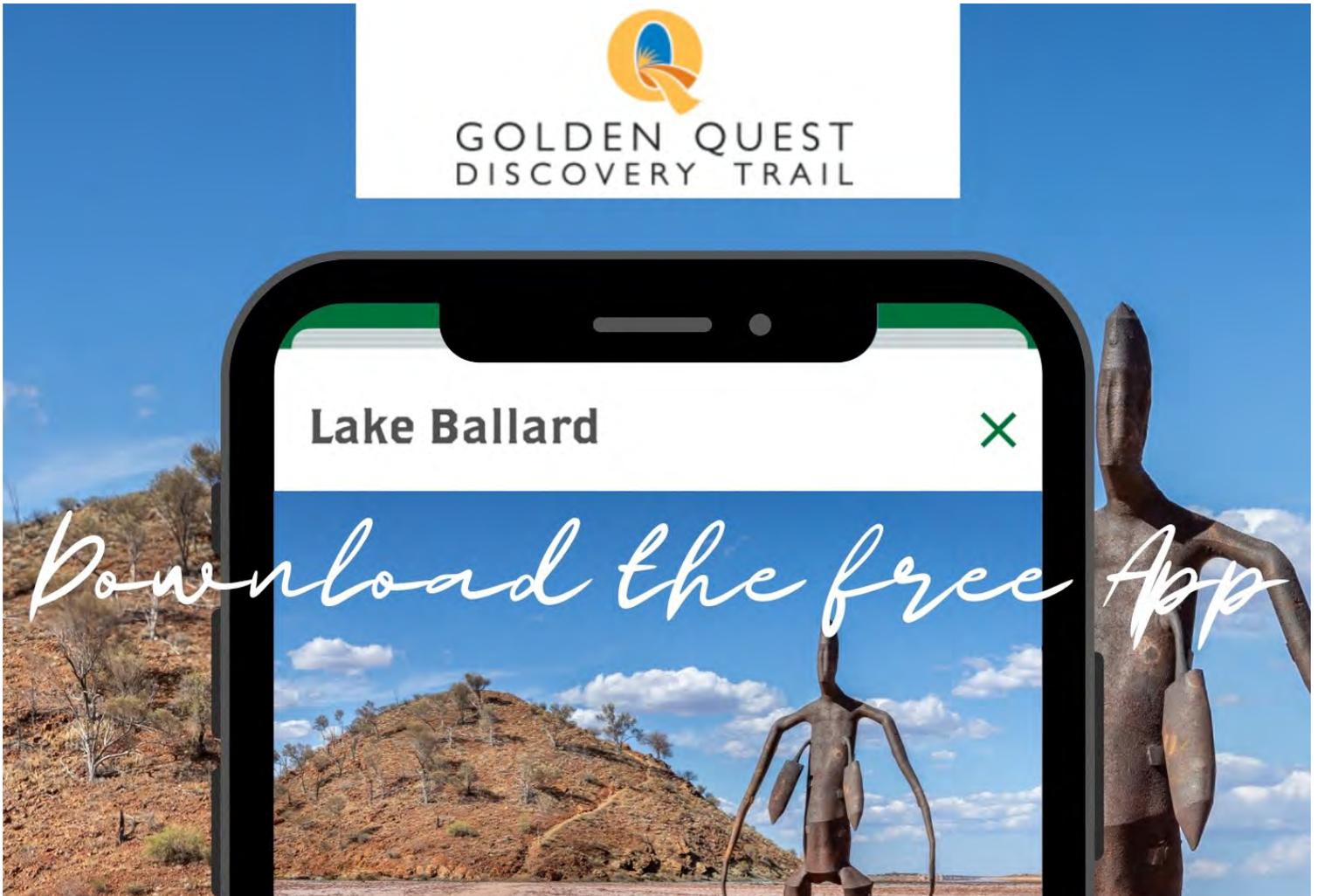


GOLDEN QUEST
DISCOVERY TRAIL

Lake Ballard



Download the free App



Letter to the Editor

Although I'm at Noumea at the moment it doesn't mean that I have forgotten my friends in Menzies.

Every day I monitor the temperatures in Menzies and one day the temperature was less than it was in Noumea.

Being on holidays and idle is not good for health.

My mind is always thinking of my project and the challenges it provides and all the people who have helped me when required.

I am looking forward to my next time in Menzies, where I will be active and challenging my mind.

I hope the wheels of progress have been turning in Menzies and that there will be many improvements. Such as the renovations of the railway buildings and the bus stop shelters that were included in last years budget.

Art. What was the surprise was the knowledge of the presenter. His name is Domonique Barbe. Domonique is an University lecture at the university of New Caledonia.

The pieces of art in the photos have been bought by the culture centre.



So in conclusion I would like to say that should there be any young artist at school, take this further and see what you can do.

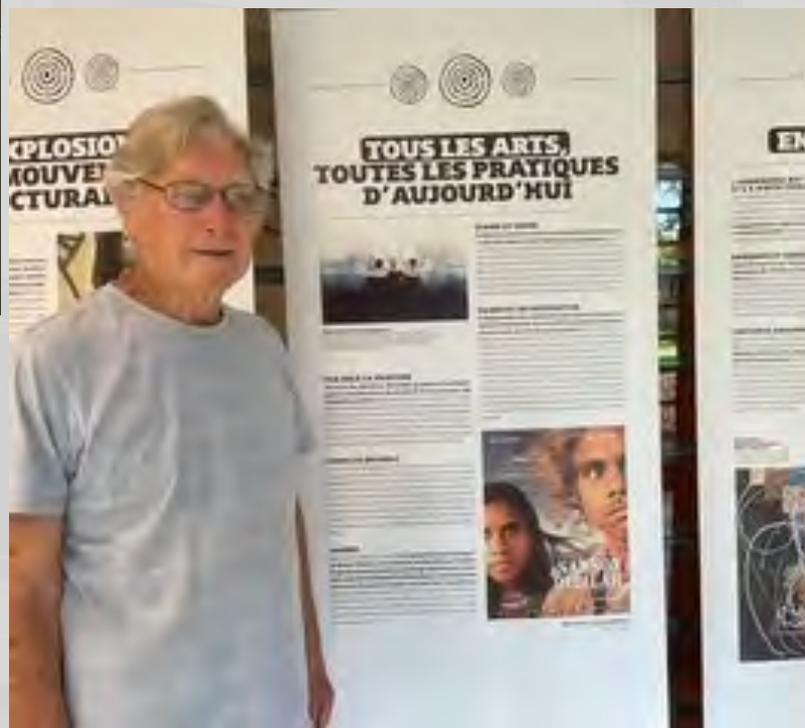
All for now. See you soon.

Roy Parfitt



I would like to share my experience of what I have found by chance.

In Noumea where I am at the moment, via email, my wife and I were invited to attend an art conference at the Tjibaou Culture Centre. We were aware that the art would be Australian Aboriginal



Events Calendar — March / April 2026

	MON	TUES	WED	THU	FRI	SAT	SUN
Week 1	2 	3 Community Grants Deadline	4	5 Community Bus	6	7	8
Week 2	9	10 AFTER SCHOOL ACTIVITIES 2:15 - 4 PM	11	12 Community Bus	13 MENZIES SKATEPARK ARTWORK & OPENING	14	15
Week 3	16	17 AFTER SCHOOL ACTIVITIES 2:15 - 4 PM	18 	19 Community Bus	20	21	22
Week 4	23	24	25 Menzies Senior's & Friends	26 Chess with ROLAND	27	28 Morning Mass & Tea	29
Week 1	30	31	1	2 Community Bus	3 Good Friday 	4 Easter Sunday 	
Week 1	Easter Monday 	7	8	9 Community Bus	10	11	12
Week 2	13	14	15	16 Community Bus	17	18	19
Week 3	20 LEGENDS OF THE SEVEN SISTERS	21 AFTER SCHOOL ACTIVITIES 2:15 - 4 PM	22	23 Community Bus	24	25 ANZAC DAY	26
Week 4	27 	28 AFTER SCHOOL ACTIVITIES 2:15 - 4 PM	29 Menzies Senior's & Friends	30 Community Bus	1	2	3

 Ordinary Council Meeting

 School Holidays