



Issue 65

Free

November 2013

Menzies Matters

We will always remember...

in flanders fields the poppies blow between the crosses, row on row, that mark our place; and in the sky the larks, still bravely singing, fly scarce heard amid the guns below. we are the dead. short days ago we lived, felt dawn, saw sunset glow, loved, and were loved, and now we lie in flanders fields. take up our quarrel with us who die We shall not sleep, tho poppies grow in flanders fields. If ye break faith with us who die We shall not sleep, tho poppies grow in flanders fields. If ye break faith with us who die We shall not sleep, tho poppies grow in flanders fields.

Remembrance Day Ceremony

*Outside the Shire Office commencing at
10.55am, Monday 11 November 2013*



Shire of Menzies Information

Shire of Menzies
Lot 124 Shenton Street
(PO Box 4)
Menzies WA 6436

Phone: (08) 90242041
Fax: (08) 90242051
Email: admin@menzies.wa.gov.au
Website: www.menzies.wa.gov.au

Menzies CRC
Menzies Caravan Park

Phone: (08) 90242702
Phone: (08) 90242702
(a/h) 0448 242041

ORDINARY MEETINGS OF COUNCIL

Council Meetings are usually held in the Shire of Menzies Council Chambers on the last Thursday of each month at **10.00am** unless otherwise advised.

Please note that the date for the next meeting is:

Thursday 28 November 2013
Shire of Menzies Council Chambers

Shire of Menzies Fire Notice

Please ensure you observe all local fire laws for your own safety and the safety of others.



Please note that the Prohibited Burning Time for the Shire of Menzies is from 1 November 2013 to 31 March 2014



Take a look around!





Menzies Visitor Centre
Spinifex Art Gallery
Community Post Agency
Internet Access
Public Library
Caravan Park Bookings



Department of
Regional Development and Lands



Open 9am - 4:30pm Weekdays
Phone: 90 242 702
A/H Caravan Park - 0448242041



LOCAL GOVERNMENT ELECTIONS SHIRE OF MENZIES



Congratulations to **Justin Graham, Justin Lee and Jamie Mazza** who were elected to Council on Saturday 19 October 2013. Also to **Cr Ian Tucker** who was re-elected unopposed to his seat. Former Crs Jill Dwyer and Keith Purchase were unsuccessful in retaining their seats.

Our new Councillors join Crs Greg Dwyer, Peter Twigg and Chris Bennell to make up a full Council consisting of seven members.

Swearing in of Crs Tucker, Lee and Mazza took place on Friday 25 October in front of family, friends, fellow Councillors and Shire staff. Cr Graham will be sworn in prior to the Council meeting on Thursday 31 October.



The following meeting dates to the end of June 2014 are now in place:

Thursday 28 November 2013	10.00 am	Teleconference
Friday 20 December 2013	10.00 am	Menzies
Thursday 30 January 2014	10.00 am	Menzies
Thursday 27 February 2014	10.00 am	Teleconference
Thursday 27 March 2014	10.00 am	Menzies
Thursday 24 April 2014	10.00 am	Menzies
Thursday 29 May 2014	10.00 am	Tjuntjuntjara
Thursday 26 June 2014	10.00 am	Teleconference

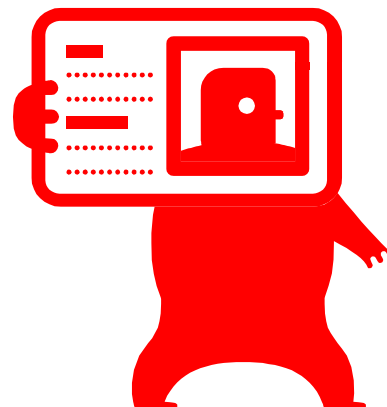


Photo ID card for West Aussies

Courtesy The West Australian

A voluntary proof of identity card will be available to all West Australians next year.

Transport Minister Troy Buswell said that the photo card would hold the same level of integrity as a driver's licence and would be recognised by the Department of Transport as a primary form of photographic identification.



Mr Buswell said the voluntary proof of identity card would help people who did not hold a driver's licence or passport. He said the card would replace the current Proof of Age card and would be available to people over 16 years. It will hold a number of security features including a "unique identification number to prevent fraud and identity crime".

"Driver's licences and passports are two of the primary photographic documents used to verify a person's identity and if you don't own one of these, your options for photographic identification are limited," Mr Buswell said.

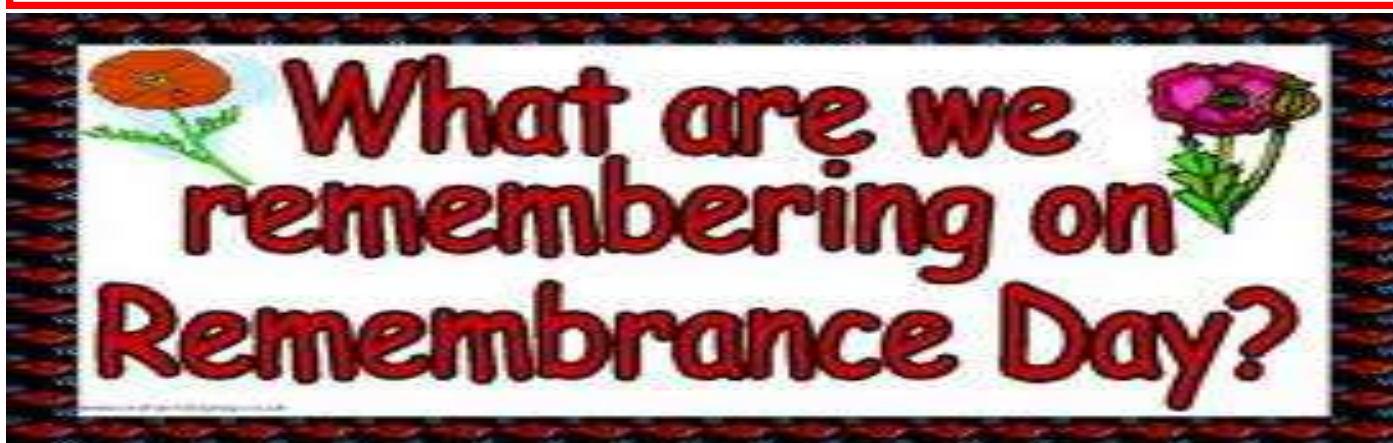
Seniors and Volunteering Minister Tony Simpson said the card was vital for seniors, who no longer needed a driver's licence or passport, or had never driven, to provide identification details.

"Older community members often tell us about having difficulty accessing goods and services in the community due to stringent rules about proving their identity," Mr Simpson said.

WA Photo Card holders would have the option of including their address.

The card will be available from the Department of Transport's Driver and Vehicle Services Centres for \$35.20. The fee was set on a cost recovery basis, including photographs taken at the centres. WA Photo Cards will be valid for five years.

Mr Buswell said the WA Photo Card Bill was expected to be introduced into State Parliament later this year and the card would be available to the public in early 2014.



Menzies Health Centre

**Mercer Street
MENZIES WA 6436**

Phone: 90242044

EMERGENCIES ONLY: 000

Poisons Information available 24 hours: 131126

**If the Clinic is unattended and you need immediate health advice, call
HEALTH DIRECT 1800 022 222 any time, day or night.**



Next RFDS Doctor's Clinic

Date: Tuesday 19 November 2013

GP: TBA

Time: 9.00am –1.00pm

Place: Menzies Health Centre

Phone: For appointments

NOVEMBER DATES AND TIMES FOR MENZIES HEALTH CENTRE

Monday	Tuesday	Wednesday	Thursday	Friday
				1
4 Menzies 1.00pm to 4.30pm	5 Menzies 8.30am to 4.30pm	6 Menzies 8.30am to 4.30pm	7	8
11	12	13	14	15
18 Menzies 1.00pm to 4.30pm	19 Menzies 8.30am to 4.30pm RFDS Clinic 9.00am to 2.00pm	20 Menzies 8.30am to 4.30pm	21	22
25 Menzies 1.00pm to 4.30pm	26 Menzies 8.30am to 4.30pm	27 Menzies 8.30am to 4.30pm	28	29



From the Menzies Clinic



Now the warmer weather is almost here, we are starting to notice things about that bite. Personally I have had to deal with plenty of mosquitoes, spiders, a rather large centipede and one snake. Fortunately we do not have Dengue fever or the latest talked about in the news, Chikungunya, that is prevalent in the more humid tropics.

Ross River Virus and Barmah Forest Virus are carried by **MOSQUITOES** in the Menzies area. Both of these have similar symptoms. People who have these viruses can have some or all or none of the following symptoms:

Painful swollen joints, sore muscles and tendons, skin rashes, fever, tiredness, headaches, swollen lymph glands, sore eyes and throat, nausea, tingling in palms of hands and soles of feet. There is no treatment for the disease apart from rest and pain analgesia. Diagnosis is by a blood test.

PREVENTION OF BITES IS A MUST IF YOU WANT TO AVOID THESE VIRUSES.

Cover up, especially early mornings and evenings. Use an insect repellent with DEET as an ingredient and apply at least four hourly. Make sure there are no areas of water lying around your yard and tanks and leach drains must be sealed or covered.

For further information the WA Health Department has a comprehensive fact sheet on their website. WALGA and Environmental Health Officers also have information on control and prevention.



SNAKES—The best policy is to avoid them if you can. Wear boots or enclosed shoes, long trousers if going into long grass or snake country. Check logs etc before moving or picking them up. Most snakes will move away if left alone.

The snake bite management sheet on page 11 is used with the permission of St John Ambulance Marketing Department.



Western Dugite

Steve Slocombe
Clinic Nurse





The Race that stops the Nation ..

The 2013 Melbourne Cup will be run at 12.00 midday on Tuesday 5 November and will be televised live on Sky Racing and Channel 7.

The Shire of Menzies Social Club is once again running Melbourne Cup Sweeps.

If you would like to purchase tickets please call into the Shire Office or the Community Resource Centre.



Simpson Desert Conservation Park and Regional Reserve

Simpson Desert parks in South Australia and Queensland are closed in summer from 1 December to 15 March.

Located within the driest region of the Australian continent, the Simpson Desert Conservation Park is in the centre of the Simpson Desert, one of the world's best examples of parallel dunal desert. The Simpson Desert, consisting of sand dunes that stretch over hundreds of kilometres, lies across the corners of three States - South Australia, Queensland and the Northern Territory.

Explore the sheer magnitude of the endless landscape and the ever-changing environment by four-wheel driving among the red dunes, salt-crusted lakes, vast stretches of grasslands, dense scrubland and even tall stands of hakea and gidgee. After the rains the wildflowers bloom across the sand dunes.

The Simpson Desert Regional Reserve, just outside the park, features a wide variety of desert wildlife preserved in a landscape of varied dune systems, extensive playa lakes, spinifex grasslands and acacia woodlands. The reserve links the Simpson Desert Conservation Park to Witjira National Park.

Location

Simpson Desert Conservation Park is located 957km north of Port Augusta. Access is via Stuart Highway, via Oodnadatta and Dalhousie Springs or through Birdsville from the east.

Opening Hours

Open 24 hours a day, 7 days a week April to November. Both the conservation park and regional reserve are closed from 1 December to 15 March.

Fees

Fees apply.

Contact Us

Desert Parks Hotline - 1800 816 078
DEWNR Port Augusta office - Phone: (08) 8648 5300
Transport SA Road Report Hotline - 1300 361 033

Flora Species

Wildlife of the Desert Parks Handbook

Important Information

The Simpson Desert can only be accessed with a Desert Parks Pass.

Access may be restricted due to local road conditions. Please refer to the latest Desert Parks Bulletin for current access and road condition information.

This park may be closed on days of extreme fire danger.

All wood fires and solid fuel fires are prohibited from 1 November to 31 March. Gas fires are permitted other than on days of Total Fire Ban.

Further Information

Simpson Desert Regional Reserve and Conservation Park brochure
Desert Parks of South Australia
Parks Guide - Flinders Ranges and Outback
Remote Area Travel Information brochure



SNAKE BITE



Managing a snake bite

Signs & symptoms

- puncture marks or scratches
- nausea, vomiting and diarrhoea
- headache
- double or blurred vision
- drooping eyelids
- bleeding from the site
- breathing difficulties
- drowsiness, giddiness or faintness
- problems speaking or swallowing
- pain in the throat, chest or abdomen
- respiratory weakness or arrest
- dark urine

WARNING

DO NOT wash venom off the skin

DO NOT cut the bitten area

DO NOT try to suck venom out of wound

DO NOT use a tourniquet

DO NOT try to catch the snake

Management

1. Follow DRSABCD.
2. Rest and reassure the patient.
3. Apply a broad pressure bandage
 - (preferably crepe) over the bite site as soon as possible.
4. Apply a pressure immobilisation bandage
 - apply a firm heavy crepe or elasticised roller bandage
 - start just above the fingers or toes, and move upwards on the limb as far as can be reached (include the snake bite)
 - apply tightly without stopping blood supply to the limb.
5. Splint the bandaged limb.
6. Ensure the patient does not move.
7. Write down the time of the bite and when the bandage was applied
 - stay with the patient,
 - check circulation in fingers or toes.

In an emergency, call triple zero (000) for an ambulance

For more information on St John first aid training and kits, visit www.stjohn.org.au or freecall 1300 360 455

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Did you know?

Menzies was the birthplace of Sir Colin Hannah KBE KCMG KCVO CB (1914-1978), Air Force Air Marshal and 19th Governor of Queensland and Sir Thomas Meagher (1902-1979), Surgeon and Lord Mayor of Perth.



COMMUNITY CHRISTMAS PARTY

DATE: Monday 16 December 2013

TIME: 5.00pm to 7.00pm

PLACE: Town Oval

Barbecue, Christmas carols, Christmas gifts for the children, free drinks and lollies.

PLEASE NOTE THIS IS AN ALCOHOL FREE EVENT

KCGM EMPLOYMENT INFORMATION SESSIONS

The KCGM Career Information Sessions are held at the KCGM Super Pit Shop, located at the Hannans North Tourist Mine, just off the Goldfields Highway, 1.5km North of Hannan Street.

They are designed for anyone enquiring about working at the KCGM Super Pit or are interested in Trainee Positions at KCGM.

Regular employment information sessions (KCGM HR Day) will take place on the first Thursday of each month, 10am at the Super Pit Shop.

The dates of the KCGM HR Days for the remainder of 2013 are as follows:

⇒ November 7th

⇒ December 5th

For further information, contact the KCGM HR Officer on 08 9022 1158.



DRESSMAKING AND ALTERATIONS



PHONE KERRY
08 90242086

Menzies Achievable Outback Café
Open from 8.30am to 4.30pm
EVERY DAY!



Find us on
Facebook



Apologies for having the wrong name on previous advertisements



The Menzies Visitor Centre is now
open every Saturday and Sunday from
10.00am - 2.00pm.

Please note that this does not include Australia
Post or CRC services, staff are available for
visitor information only.





STORY TIME

Mums – Dads – Aunts – Uncles
Grandies and Children

Come along and read with the kids

Tuesday's 3.00pm

Your host Rikki Golding



Menzies Public Library





Find Prostate Cancer Early

This one is for the guys (women don't have a prostate), but ladies, please read as your assistance and persistence may be required!

As much as men might be embarrassed when it comes to discussing problems with peeing, talking to your doctor about any changes in your usual habits just might save your life.

Prostate cancer is the most common cancer in men in WA with more than 1,600 men diagnosed with the disease every year.

The good news is that the five-year survival rate for WA men diagnosed with prostate cancer is now more than 90%.

So, it's important to act on any unusual symptoms as early as possible.

Common signs and symptoms of prostate cancer include:

- Blood in your pee or semen **once off**
- Waking frequently at night to pee
- Sudden or urgent need to pee
- Needing to pee more often
- Difficulty starting or stopping peeing
- Slow flow when you pee
- Pain when you pee
- Dribbling at the end of peeing
- Bladder doesn't feel quite empty after peeing
- Being unable to control the bladder (incontinence)
- Unexplained weight loss

If you are over 40, go and see your doctor if you have had any of these symptoms for more than four weeks – they would rather see you earlier than later so don't put it off. Remember that your doctor is used to talking about prostates, peeing and all bodily functions so you don't have to feel embarrassed.

If you do have these symptoms, it doesn't mean you've got prostate cancer – more often than not it will turn out to be something less serious. But it's important to tell your doctor and get the symptoms checked.

If it is prostate cancer, the earlier it's found, the greater the chance of successful treatment.

Knowing what is normal for you and your body is important as it will be easier to notice when something is different.

For more information about signs and symptoms of prostate cancer and what to do if you find them, visit www.findcancerearly.com.au

Find Cancer Early is an initiative of The University of Western Australia and Cancer Council WA investigating ways to improve cancer outcomes for people in regional Western Australia.

Contact Details: Pam Foulkes-Taylor Find Cancer Early, Goldfields
P 90225669 E pfoulkes-taylor@cancerwa.asn.au



Wendy Duncan MLA

Member for Kalgoorlie

Deputy Speaker of the Legislative Assembly

It is now over 12 months since Menzies lost the services of its long-standing nurse for the Menzies Nursing Post.

Since that time Silver Chain has been providing a part time service while a recruitment drive is being undertaken. I have now been advised that the recruitment drive has been unsuccessful.

I would like the residents of Menzies and the wider community to know that I will continue to support every effort made by the Shire of Menzies in attracting and retaining a nurse for the nursing post.

I have written to the Minister for Health regarding this issue, and have spoken with the Parliamentary Secretary to the Minister for Regional Development as to how this issue can be resolved.

It is an unacceptable situation that Menzies is left without this service. Sufficient resources must be allocated to fill this position so the people of Menzies and the travellers in the region can be assured of prompt medical attention should the need arise.

My office is happy to discuss this issue or any other that you may have which affects your local community and can be contacted on the number below.

305 Hannan Street Kalgoorlie WA 6430

PO Box 10406 Kalgoorlie WA 6430

Ph: (08) 9021 6766

Fax: (08) 9021 6724

Freecall: 1800 199 728

Authorised by W Duncan 305 Hannan Street Kalgoorlie, WA 6430



THE NATIONALS for Regional WA



Public Holidays 2013/14

Christmas Day—Wednesday 25 December

Boxing Day—Thursday 26 December

New Year's Day—Wednesday 1 January

Australia Day—Sunday 26 January

Labour Day—Monday 3 March

Good Friday—Friday 18-April

Easter Monday—Monday 21 April

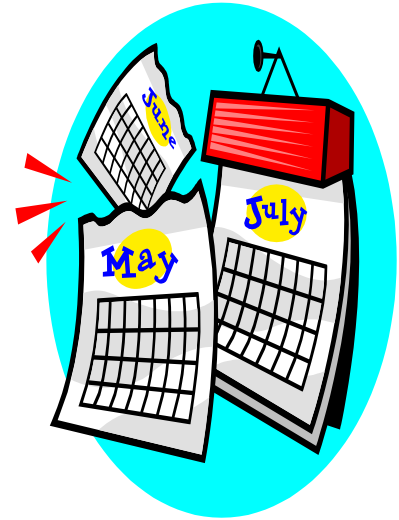
ANZAC Day—Friday 25 April

Western Australia Day—Monday 2 June

Queen's Birthday—Monday 29 September

Christmas Day—Thursday 25 December

Boxing Day—Friday 26 December



School Terms 2013/14

Term 4—14 October to 19 December

Term 1—3 February to 11 April

Term 2—28 April to 4 July

Term 3—21 July to 26 September

Term 4—13 October to 18 December

PLEASE NOTE

Articles for the December 2013 edition of the Menzies Matters are required by **Monday 25 November 2013**.

Please email articles and photos to ceoxa@menzies.wa.gov.au or drop them off to the Visitor Centre or the Shire Office.

Remember—this is **OUR** community newspaper and your input is always welcome as members of **OUR** community.



Giant fairy bread cake



INGREDIENTS

For the cake

- 250g (about 2 cups) plain flour
- 1½ tsp baking powder
- ¼ tsp salt
- 175g butter, softened
- 330g (about 1½ cups) caster sugar
- 1 tsp pure vanilla extract
- 6 large egg whites
- ¾ cup milk

For the icing

- 125g salted butter, softened (or add ¼ tsp of salt for unsalted butter)
- 250g (about 2 cups) icing sugar, sifted
- 1 tbsp milk
- 100s & 1000s (rainbow sprinkles) to decorate

METHOD

For the cake

- Set the rack in the middle of the oven and preheat to 160°C.
- Grease the inner bottom surface of your Cakewich pan, alternatively you could try using a 20cm square cake tin that is greased and lined with baking paper.
- Combine the flour, baking powder and salt in a bowl, mixing well with a whisk.
- Whisk together egg whites and milk in a medium mixing bowl until just combined.
- In large mixing bowl with an electric mixer, cream butter and sugar for about 5 minutes, until light and fluffy. Add vanilla and beat vigorously. Reduce the speed to low and add one quarter of the flour, then one third of the milk mixture, mixing until just combined and scraping down the bowl after each addition. Repeat until all ingredients are just combined.
- Scrape down the bowl with a rubber spatula. Pour the batter into the prepared pan and smooth the top. Bake for 50-65 minutes, or until a skewer inserted into the centre comes out clean.
- Cool the cake in the pan on a cooling rack for 1 hour, then remove it to finish cooling right side up.

For the icing

- Place butter in a mixing bowl and beat on high with an electric mixer until smooth and fluffy. Gradually mix in icing sugar, add milk and then beat until light and fluffy.
- To assemble the cake, use a serrated bread knife to slice off the “dome” of the cake. Use a spatula to spread your prepared icing over the top. Cover the icing with 100s and 1000s/rainbow sprinkles.
- Can be served immediately or stored in an airtight container at room temperature for a couple of days.



Fact Sheet

Telling your doctor

If you are experiencing any of the possible signs or symptoms of cancer it is important that you tell your doctor.



Often, when people decide to make an appointment with their doctor, lots of different questions and concerns can pass through their mind:

The doctor is always too busy. It's hard to get an appointment

- **Calling early in the morning** is often the best time to arrange an appointment.
- Make an appointment for a **few days time**, or ask to **see another doctor** in the practice.
- If you need to talk to a doctor straight away let the receptionist know that it is urgent.
- If urgent, ask to **speak to the doctor**, so you can tell them your concern.
- If you can't get an appointment and are really worried, **contact your nearest hospital**.

However, **few symptoms are emergencies** so you can usually afford to wait a few days to see your doctor.



When I get to the doctor's my mind goes blank

- **Write a list before you go** with what you want to let your doctor know about.
- **Keep a symptom diary** - a record of what's been happening, how long it's been going on for, and how often it occurs.
- **Tell the doctor about everything** that's been happening, even if you don't think it is related or important.

These tips can help you be sure you are **telling your doctor all that you've noticed** so the doctor can decide if it is serious or not.

The earlier cancer is found, the greater the chance of successful treatment.

What could happen when I see the doctor?

What will happen when you see the doctor depends on what the doctor finds.

- The doctor might be able to **reassure you** straight away that it's nothing serious.
- The doctor may **send you for tests** or refer you to hospital to find out more about what's going on.
- The doctor may ask you to **come back** if things haven't got better in a **couple of weeks** or so.

This is because you sometimes need to allow time for things to sort themselves out on their own.

If they don't clear up, or if they change or get worse, it's important to go back to the doctor.

The doctor may then refer you on for further tests to find out what's happening.

I don't have a doctor

If you don't have a doctor, don't worry. To find a doctor in your local area you can:

- Look in the white or yellow pages, or local directory or phone book
- Call healthdirect Australia 1800 022 222
- Contact your local shire or council
- Contact your local Community Resource Centre
- Contact your nearest health centre
- Contact the nearest hospital

Where else can I get advice?

If you notice anything unusual, there are other people who can give you advice:

- Cancer Council Helpline 13 11 20
- the practice nurse
- the nurse practitioner
- the pharmacist

But remember, always make an appointment with your doctor if your signs and symptoms don't go away.

For information on the signs and symptoms of cancer visit:
www.findcancerearly.com.au





discover a handmade treasure

TJUNTJUNTJARA WOMEN'S CENTRE PRESENTS

"Beads & Baskets of the Spinifex People"

Exhibition Opening 6:30 for 7pm, Friday 1st November



We are delighted to welcome the ladies of the Tjuntjuntjara Women's Centre for their debut exhibition!

A message from Women's Centre Coordinator Kirsten Grant:

The Tjuntjuntjara Women's Centre has been open since October 2000. Women have been using the Centre since then for a range of activities including many different arts and crafts.

Since then, ladies have been experimenting with painting beads, which also involves the collection of local gumnuts and quongdong seeds which are then drilled to transform them from seeds into beads, then painted beautifully in all manner of colours and patterns.

Since the '90s the Spinifex ladies have also been making gorgeous baskets, using their native grasses (Tjanpi), and coloured raffia. Younger ladies are only recently being introduced to this craft which has resulted in our impending trip to Albany for a Weavers Exchange program with some Noongar women.

Creating small paintings is also very popular amongst the ladies, whose artistic ability seems to know no bounds. You will see from the collection that many ladies dabble in all three disciplines. These artists are generally of the younger generations, although many baskets are made by the older ladies.



The resulting products have been sold through the Centre and via our Facebook page, with some baskets being sold through Fossick Handmade. But the ladies wanted to do more. They suggested an exhibition at Fossick so they had something bigger to work towards and motivate them. Younger, more amateur artists have previously had no outlet or exposure for their arts and crafts but now the Women's Centre, in conjunction with Fossick Handmade, have made that possible for them and they see an avenue, not just for their creativity to be directed to, but also to empower them economically.

Join us for this exciting event to be opened by Wendy Duncan MLA by sending your RSVP to hello@fossickhandmade.com.au

The exhibition will continue until Sunday 17th November

93 Egan Street Kalgoorlie WA 6430 Phone 08 9022 3472 hello@fossickhandmade.com.au www.fossickhandmade.com.au





Kids,

*Don't forget to write your letter to Santa to ask
for the gift you would like for Christmas!
Here is the address to send your mail.*

Many thanks to the people of
Menzie s for their generous
donations to the pink ribbon
appeal for breast cancer .
\$125.00 was raised and has been
sent off to Cancer Council WA.





Menzies hotel And store

Shop hours: 6.00am—6.00pm
Hotel hours: 11.00am – 9.00pm
Hot Counter Meals: 12.00pm to 2.00pm and
 6.00pm to 8.00pm

Fresh Sandwiches and Rolls

Soft drinks

Juices

Coffee

The MENZIES TOASTY

Cakes

Ice Creams

Flavoured Milks

Cold Beer - ALL DAY!

General Stores

Accommodation

Fast foods

Ice

Pies, Pasties, Sausage Rolls

IF YOU'RE IN A HURRY – DON'T WORRY

PHONE ORDERS WELCOME 90242016

KLEENHEAT GAS is available from Menzies Hotel Shop or Bar—EFTPOS available

Pricing:	Exchange	8.5Kg	\$45.00
	Buy	8.5Kg	\$95.00
	Exchange	45Kg	\$157.50
	Delivery fee		\$10.00

Delivery time: ***Wednesday afternoon between 2.00pm and 4.00pm***
Saturday morning between 10.00am and 11.00am



Chat with a local . . .

This month we'll be asking Carol McAllan a series of questions about her time in Menzies.

How long have you lived in Menzies?

I have lived in Menzies for about 18 years

Where did you live before coming here?

I lived in Kalgoorlie but have spent a big part of my life in Perth

What attracted you to this town?

We first came to Menzies on a Sunday afternoon to try the well-known Menzies Pub Burger and while we were here a friend told us there was a chance to lease the Pioneer Store. As my husband was always looking for something new, we decided to give it a try

What has changed most in the time you've been here?

There were more people in town before and of course the Nursing Post and the Roadhouse were open full time. Sunday afternoon at the pub was BBQ day and some people would bring their guitars and it was the place to go. Of course the footpaths look better now and I remember the exciting day when we were all given wheelie bins.

What does Menzies have that makes it a better place to live than anywhere else?

I love the country feel of Menzies. It is a very safe place to live. You are only 5 minutes from going into the bush and feeling like you are alone in the world or only 1 hour 10 minutes from Kalgoorlie.

Does the isolation and lack of facilities in Menzies make living here difficult?

Not yet. It would be difficult to live here with any major medical problems or if **I didn't have a drivers licence. I find that shopping every 3-4 weeks** and buying in bulk actually saves money. By not going to shop 3-4 times a week, you are **not tempted to buy things you really don't need. I buy my papers, milk, bread,** etc. from the store. Fresh fruit and vegetables are all that is missing but I am told they are coming soon to the pub shop.



“BLOOMING BRIAN”



Brian's first rose – beautiful, but rough
around the edges like Brian

Still thinking of you.

MENZIES YAC

(YOUTH ADVISORY Council)



Committee Members L-R

Allanna O'Donoghue, Tiniel Harris, (Brooke Povah, Shire of Menzies), Gary Tucker Jnr, Sethen Sheehan-Lee, Shauna Blizzard, Tahlee Blizzard.

After a short campaign the six successful candidates were elected last week. The first meeting of YAC will be held in next week. The committee members are eager to begin the process of sharing their ideas in the community and presenting their proposals to the Shire of Menzies Council.



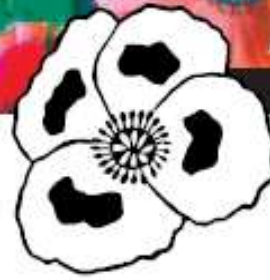
K.I.D.S.

REMEMBER



PAGES

Name _____
Class _____ Date _____



Australian War Memorial

CLASSROOM ACTIVITY



COMMONWEALTH DEPARTMENT OF
VETERANS' AFFAIRS



YOU WILL NEED:

- Red crepe paper
- Green pipe cleaner
- Black paper
- Scissors
- Pencil
- Glue

THE PETALS:

Cut out the poppy shape as shown in **figure 1**. Place this shape on red crepe paper and trace around it with a pencil. Cut out the red poppy shape and set aside.

Figure 1.
Petal template

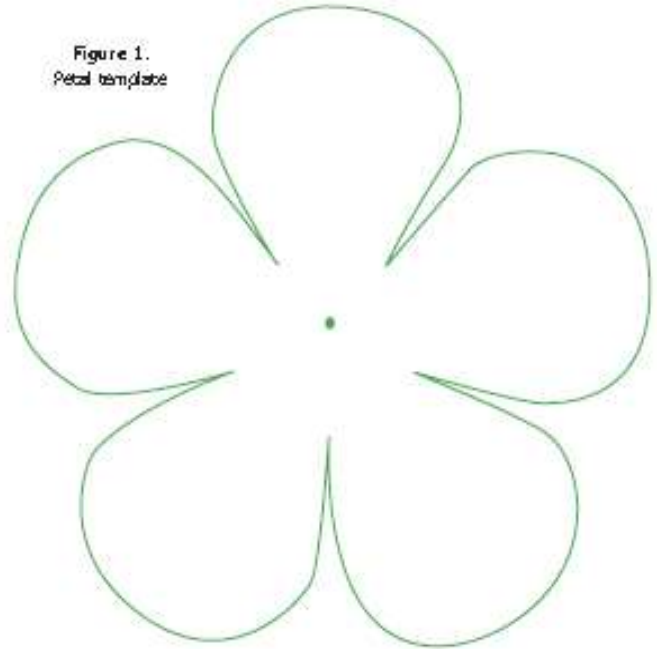


Figure 2.
Stem template

THE STALK:

Take a pipe cleaner and bend the end over twice at 1cm lengths so that it looks like **figure 2**. Push the straight end of the pipe cleaner through the middle of the red poppy and continue to thread it through until the bent end sits against the middle of the poppy. Set aside.

THE CENTRE:

Cut a small circle out of the black paper and glue onto the centre of the poppy. It should secure the pipe cleaner to the crepe.

Bend and shape pipe cleaner and poppy petals as you like.



Do you know someone who served and died during war? Find out where they are listed on the **Roll of Honour** (www.awm.gov.au/database/roh.asp) at the Australian War Memorial. The next time you visit the Memorial, place your poppy alongside their name.



In Flanders' fields

By Lt. Col. John Mc Crae
(of Guelph, Canada)
Died January 28th, 1918, while on
active service in France.

In Flanders' fields the poppies blow
Between the crosses, row on row,
That mark our place, and in the sky
The larks still bravely singing fly,
Scarce heard amidst the guns below.
We are the dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie
In Flanders' fields.

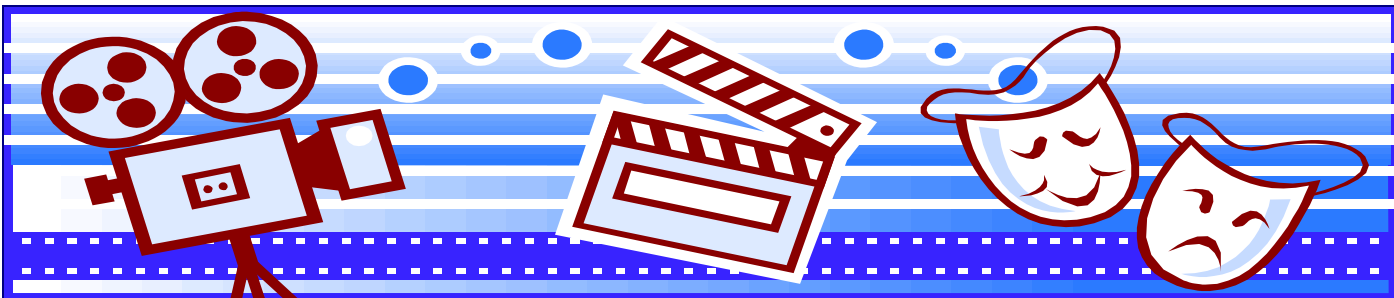
Take up our quarrel with the foe,
To you from falling hands we throw
The Torch—be yours to hold it high;
If ye break faith with us who die,
We shall not sleep though poppies grow
In Flanders' fields.



EASTERN GOLDFIELDS HISTORICAL SOCIETY INC.

Preserving & promoting local history





movie review



Gravity (2013)

Drama | Sci-Fi | Thriller

Released 3 October 2013 (Australia) Rated 8.6/10

Dr Ryan Stone is a Mission Specialist on her first space shuttle mission aboard the Space Shuttle *Explorer*. She is accompanied by veteran astronaut Matt Kowalski, who is commanding his final expedition. During a spacewalk to service the Hubble Space Telescope, Mission Control in Houston warns the team about a Russian missile strike on a defunct satellite, which has caused a chain reaction forming a cloud of space debris. Mission control orders that the mission be aborted. Shortly after, communications with Mission Control are lost, though the astronauts continue to transmit, hoping that the ground crew can still hear them. High-speed debris strikes the *Explorer* and detaches Stone from the shuttle, leaving her tumbling through space.

Kowalski soon recovers Stone and they make their way back to the space shuttle. They discover the shuttle has been damaged far beyond usability and the rest of the crew is dead. They use the thruster pack to make their way to the International Space Station

(ISS). As they approach the substantially damaged but still operational ISS, they see its crew has evacuated in one of the Soyuz modules and that the parachute of the other capsule has accidentally been deployed, rendering it useless for returning to Earth. However, Kowalski suggests the remaining Soyuz be used to travel to the nearby Chinese space station *Tiangong* and board one of its modules to return safely to Earth. Out of air and manoeuvring power, the two try and grab onto the ISS as they fly by. Stone's leg gets entangled in Soyuz's parachute cords and then grabs a strap on Kowalski's suit. Despite Stone's protests, he detaches himself from the tether to save her from drifting away with him, and she is pulled back towards the ISS. As Kowalski floats away, he radios her additional instructions and encouragement.

Nearly out of oxygen, Stone manages to enter the ISS via an airlock but must hastily make her way to the Soyuz to escape a fire. As she manoeuvres the capsule away from the ISS, the tangled parachute tethers prevent Soyuz from separating from the station. She spacewalks to release the cables, succeeding just as the debris field completes its orbit and destroys the station. Stone aligns the Soyuz with *Tiangong* but discovers the craft's thrusters have no fuel. Unable to dock the Soyuz with the station, Stone ejects herself via explosive decompression and uses a fire extinguisher as a makeshift thruster to travel to *Tiangong*. Space debris has knocked *Tiangong* from its trajectory, and it begins rapidly deorbiting. Stone enters the Shenzhou capsule just as *Tiangong* starts to break up on the upper edge of the atmosphere. As the capsule re-enters the Earth's atmosphere, Stone hears Mission Control over the radio tracking the capsule. It lands in a lake, but an electrical fire inside the capsule forces Stone to evacuate immediately. Opening the capsule hatch allows water to rapidly fill the capsule, which sinks, forcing Stone to shed her spacesuit underwater and swim ashore. She takes her first shaky steps on land, in the full gravity of Earth, where she awaits rescue.



What's on the horizon



www.horizonpower.com.au

WORKS

Vegetation Clearance

All rural feeder lines in the towns of the Mid West and Goldfields will be subject to vegetation clearance until the end of November to minimise fire risk in these areas.

FINANCIAL ASSISTANCE

More assistance for those in hardship

If you are having difficulty paying your electricity bill, Horizon Power can offer you a payment extension or customised payment schedule and can also refer you to a financial counsellor to apply for Hardship Utility Grant Scheme (HUGS).

The payments available through HUGS increased on 2 September. To view the new grant amounts, please visit dcp.wa.gov.au and search 'HUGS'.

If you think you might be eligible for HUGS, or to discuss other financial assistance available, please contact us on 1800 267 926.

ENERGY EFFICIENCY

Air conditioners

Summer is fast approaching so it is important to ensure your air conditioner is serviced as recommended by the manufacturer, and the fan and reflective surfaces are clean of dust and fluff to keep it working as efficiently as possible. For more energy efficiency tips visit switchthefuture.com.au

Win an iPad 2

Kids, Horizon Power is giving you the opportunity to win an iPad 2. There are two iPads to win and to enter, simply visit the new Horizon Discovery Zone website at hdz.horizonpower.com.au, download the picture of Gilbert, colour him in and take a photo of your Gilbert being energy efficient. The most creative energy efficiency picture wins!

Terms and conditions apply



PARTNERSHIPS

The Smith Family Christmas Appeal

Horizon Power is proud to announce our new partnership with The Smith Family, Australia's largest education-oriented children's charity.

You can help make a difference to the lives of disadvantaged young people in WA this Christmas by donating at thesmithfamily.com.au/horizonpower

PHOTOGRAPH



Find Cancer Early Goldfields - Esperance



Taking care of yourself,
your patients and your community

All Welcome

WITH

Pam Foulkes-Taylor, Cancer Council WA

DATE

Friday 8th November 2013

TIME

10.00am *Morning Tea Provided*

VENUE

Leonora Shire Board Room

*RSVP Tanya E:leonora@crc.net.au P:9037 7521 or Bev at
Leonora Hospital - drop in or P:9080 4300*



*The earlier cancer is found, the greater
the chance of successful treatment.*



WATERING DAYS FOR MENZIES AREA—PLEASE TAKE NOTE AND WATER ONLY ON THE DAYS ALLOCATED TO YOUR PROPERTY.

North of Kalbarri & Kalgoorlie Watering Days	
Last digit of your lot or house number	Your scheme watering days are:
1	1st, 3rd, 5th, 7th, 9th, 11th, 13th, etc
2	2nd, 4th, 6th, 8th, 10th, 12th, 14th, etc
3	1st, 3rd, 5th, 7th, 9th, 11th, 13th, etc
4	2nd, 4th, 6th, 8th, 10th, 12th, 14th, etc
5	1st, 3rd, 5th, 7th, 9th, 11th, 13th, etc
6	2nd, 4th, 6th, 8th, 10th, 12th, 14th, etc
7	1st, 3rd, 5th, 7th, 9th, 11th, 13th, etc
8	2nd, 4th, 6th, 8th, 10th, 12th, 14th, etc
9	1st, 3rd, 5th, 7th, 9th, 11th, 13th, etc
0	2nd, 4th, 6th, 8th, 10th, 12th, 14th, etc

On line Christmas shopping has never been easier! Try some of these websites for bargains galore.

www.hardtofind.com.au
www.theiconic.com.au
www.dealsdirect.com.au
www.ozsale.com.au
www.oo.com.au
www.myer.com.au
www.itvsn.com.au



Opening times for the Shire Office and the Community Resource Centre/ Visitor Centre/Post Office over the Christmas/New Year period

SHIRE OFFICE:	
Friday 20 December	Normal hours, closes at 4.30pm
Saturday 21 December	CLOSED
Sunday 22 December	CLOSED
Monday 23 December	CLOSED
Tuesday 24 December	CLOSED
Wednesday 25 December	CLOSED—CHRISTMAS DAY
Thursday 26 December	CLOSED—BOXING DAY
Friday 27 December	CLOSED
Saturday 28 December	CLOSED
Sunday 29 December	CLOSED
Monday 30 December	CLOSED
Tuesday 31 December	CLOSED
Wednesday 1 January	CLOSED—NEW YEAR'S DAY
Thursday 2 January	CLOSED
Friday 3 January	CLOSED
Saturday 4 January	CLOSED
Sunday 5 January	CLOSED
Monday 6 January	Normal hours, opens at 8.30am

CRC/VISITOR CENTRE/ POST OFFICE:	
Friday 20 December	Normal hours, closes at 4.30pm
Saturday 21 December	Open 8.00am to 10.00am
Sunday 22 December	CLOSED
Monday 23 December	Open 8.00am to 10.00am
Tuesday 24 December	Open 8.00am to 10.00am
Wednesday 25 December	CLOSED—CHRISTMAS DAY
Thursday 26 December	CLOSED—BOXING DAY
Friday 27 December	Open 8.00am to 10.00am
Saturday 28 December	Open 8.00am to 10.00am
Sunday 29 December	CLOSED
Monday 30 December	Open 8.00am to 10.00am
Tuesday 31 December	Open 8.00am to 10.00am
Wednesday 1 January	CLOSED—NEW YEAR'S DAY
Thursday 2 January	Open 8.00am to 10.00am
Friday 3 January	Open 8.00am to 10.00am
Saturday 4 January	Open 8.00am to 10.00am
Sunday 5 January	CLOSED
Monday 6 January	Normal hours, opens at 8.30am



A reminder that with the summer fast approaching, we need to slip, slop, slap every time we go outdoors.

Sunglasses are also a good idea to help protect the eyes from the glare of the sun.



Local Information

FREE CAMPING



Free camping sites in the Menzies area are available at Lake Ballard (51km west of Menzies) and Niagara Dam (65km north east of Menzies).

Facilities at these sites include toilets, barbecues and rubbish bins. *Potable water at Lake Ballard only.*

Please remember to preserve these areas for future generations and

**'Take nothing but photographs,
Leave nothing but footprints'**

MENZIES CARAVAN PARK

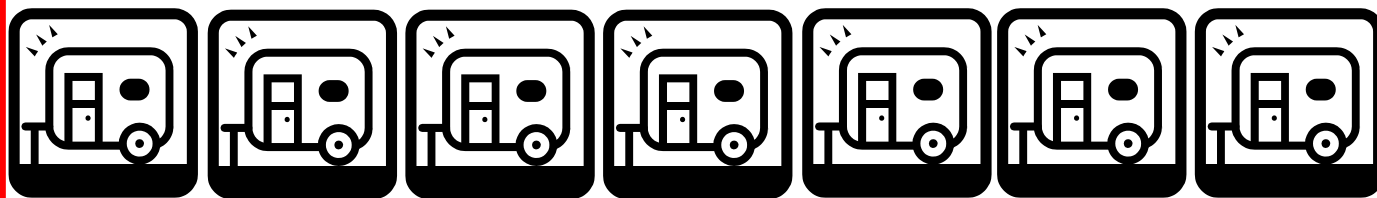


Situated on the corner of Shenton and Brown Streets, Menzies (entrance from Brown Street).

Recently refurbished sites (powered or unpowered), new **campers' kitchen, lawn area for camping, laundry (coin operated washing machines)**, new ablution blocks.

Rates start from \$20.00 per night.

Bookings can be made through the Menzies Visitor Centre (90242702) during business hours or after hours 0448 242041 (Park Manager).





Happy Birthday

November

5th	Dwayne Dimer Jnr
12th	Jayden Johnson
12th	Peta Sanford
19th	Jessica Clinch
30th	Deirdre Johnson

If you would like your birthday (or the birthday of a family member or friend) included on this list, please drop details in to staff at the Shire Office or the Visitor Centre.



Calendar of Events for NOVEMBER 2013

MOvember—Changing the Face of Men's Health

Lung Awareness Month Prematurity Awareness Month

10-16 November—Spinal Injuries Awareness Week and National Psychology Week

18-24 November—Antibiotic Awareness Week and National Cervical Cancer Awareness Week

Mon	Tue	Wed	Thu	Fri	Sat	Sun
28 October Pink Ribbon Day 	29 October 	30 October 	31 October Halloween 	1 All Saints Day	2 All Souls Day	3 Kalgoorlie Market Day Pet's Day Out (Kalgoorlie)
4 	5 Melbourne Cup 12.00n WST 	6 	7 	8 	9 	10
11 Remembrance Day—10.55am 	12 World Pneumonia Day Thank U NICU Day 	13 	14 World Diabetes Day	15 	16 International Day for Tolerance	17 World Prematurity Day Boulder Market Day
18 Remembrance Day for Traffic Accident Victims	19 RFDS Doctor's Clinic at Nursing Post 	20 Universal Children's Day	21 Lighting of Christmas Tree in Kalgoorlie 6.00pm	22 	23 Kalgoorlie Speedway 7.00pm	24
25 International Day for the Elimination of Violence against Women 	26 	27 	28 Council Meeting 10.00am 	29 Kalgoorlie Speedway MONSTER TRUCKS 4.30pm	30 Last day of Spring 	1 December 24 Days till Christmas 