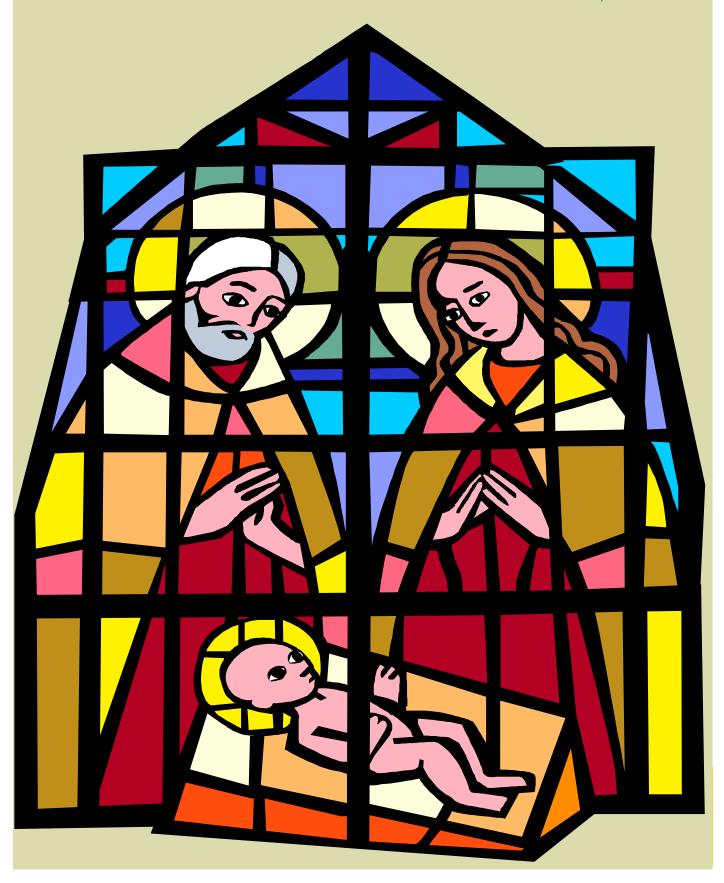
Menzies Matters

Issue 78

December 2014 \$1.00



Shire of Menzies Information

Shire of Menzies Phone: (08) 9024 2041 Lot 124 Shenton Street Fax: (08) 9024 2110

(PO Box 4) Email: admin@menzies.wa.gov.au

Menzies WA 6436 Website: www.menzies.wa.gov.au

Menzies CRC/Visitor Centre Phone: (08) 9024 2702

Fax: (08) 9024 2775

Menzies Caravan Park (a/h) Mobile: 0448 242 041

Menzies Community School will hold the annual end of year Presentation at the School on Wednesday 10 December 2014 at 1.00am





Shire of Menzies Fire Notice

Please ensure you observe all local fire laws for your own safety and the safety of others.



Restricted Burning Period
From 1 April to 30 April and 1 October to 31 October

Prohibited Burning Time: From 1 November to 31 March

Unrestricted Season From 1 May to 30 September





Incorporating:

- Menzies Community Postal Agency
- Menzies Caravan Park Booking Agency
- Goldfields Express Bus Service Agency
- StarTrack Courier Agency
- Toll Freightlines Agency
- Menzies Visitor Centre
- Public Library
- Internet and WIFI Access Point
- Conference and Meeting rooms for hire
- History and Heritage Room

Opening hours: Monday to Friday—8.30am to 4.30pm

Phone: 9024 2702 Fax: 9024 2775

Email: visitorcentre2@menzies.wa.gov.au

Website: www.menzies.wa.gov.au

Caravan Park Caretaker (After Hours): 0448 242 041



SHIRE OF MENZIES COUNCIL MEETING DATES TO JUNE 2015

Commencement Time	Ordinary Council Meeting Date	Location
2.00pm	18 December 2014	Shire of Menzies
10:00am	26 February 2015	Shire of Menzies
10:00am	26 March 2015	Shire of Menzies
10:00am	30 April 2015	Shire of Menzies
10:00am	21 May 2015	Tjuntjuntjara
10:00am	25 June 2015	Shire of Menzies



LOCATED IN THE
SHIRE OF MENZIES
OFFICE, SHENTON
STREET—ACROSS
THE ROAD FROM THE
COMMUNITY
RESOURCE CENTRE
AND CARAVAN PARK



Dog registrations—new or renewals are now overdue

Please check your dog's registration tag or contact the Shire Office on 90242041 for further information about registering your canine friend.

Looking for Gold? Want to Prospect near Menzies?

For information on where you are able to search for gold in this area (or any other area in the Northern Goldfields) please contact:

Mining Registrar - Mineral Titles Division Rochester Street (Box 173)

Leonora WA 6438

Email: mineraltitles.leonora@dmp.wa.gov.au

Ph: +61 (08) 9037 7546 Fax: +61 (08) 9037 6248



Menzies Matters December 2014 Page 4

Alcohol and Young People (12-17yrs)

In WA, fewer young people are choosing to drink alcohol.



However, of those who drank in the last week, more are drinking at harmful levels

Research shows that approximately:



1 In 4 young people had never tried alcohol



1 in 6 drank alcohol in the last week.

Of those who drank in the last week:

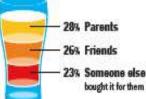


1 in 3 drank at levels considered harmful for adults



The average amount consumed was 6.5 standard drinks.







Drinking aloohol from a young age inoreases the risk of health problems.



tack of concentration academic failure

problems with family and friends risky sexual behaviour

physical injury Inoreased risk-taking

anti-social behaviour poor mental health depression self-harm

suicide

For under 18s, NO alcohol is the safest choice

Of young people who drank recently at risky levels, Dehaviours included:





Vomiting Arguing

Hitting someone or having a fight

We all want to see our children reach their potential.

That's why **NO ONE should** supply alcohol under 18s

alcoholthinkagain



Well done Dylan Maynard,

Your hard work has paid off and you have been awarded a diesel fitter's apprenticeship with the Shire of Menzies.

Keep up the great work!

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FROM THE ORDINARY MEETING OF COUNCIL THURSDAY 27 NOVEMBER 2014

SEA CONTAINERS – Council has approved the use of sea containers for storage purposes at locations in Menzies and Kookynie. Approval is subject to compliance with Local Planning Policy 8 – Moveable Buildings which will require a Building Permit in the first instant.

REVIEW OF LOCAL ROADS – Council has approved the closure of a number of roads in the Shire. The roads, which have been advertised for closure, do not serve any specific purpose and are using resources which could be better utilised elsewhere. As well, the closure of these roads will reduce Council's exposure to potential litigation.

MISCELLANEOUS LICENCE – Council has resolved to advise the Department of Mines and Petroleum that they have no objection at this time to an application by Macarthur Iron Ore Pty Ltd for a Miscellaneous Licence over two sections of land near the Menzies power station.

The purpose of the application is for the establishment of a Minesite Accommodation facility in the future. This approval is subject to conditions which the Department of Mines and Petroleum will enforce with Macarthur.

ELECTED MEMBERS POLICY – RECORDS MANAGEMENT – All Shire records, both written and electronic must be kept and recorded on the Shire of Menzies Records Management System. Council has now extended that Policy to capture the written and electronic records of Members in their day to day activities relevant to Shire operations. Just another step achieved in ensuring that the Shire of Menzies is compliant with the *State Records Act* 2000.

SHIRE OF MENZIES RECORDS MANAGEMENT – Council has now formally Adopted the Record Keeping Policy, Procedures and Induction Manual necessary to ensure compliance with the *State Records Act* 2000. A copy of this Policy is available for viewing at reception.

ANNUAL REPORT 2013/14 – The Annual Report for 2013/14 was received by Council at the recent Meeting. The document, which includes a report from both the Shire President and CEO, also included the Auditors report for the financial year 2013/14. Copies of this report are available at reception.

COUNCIL MEETING DATES – DECEMBER 2014 AND MAY 2015 – Council has made changes to the advertised meeting times and dates as follows:

18 December 2014 Meeting to now start at 2.00 pm instead of 10.00 am

 May 2015 Meeting will now be brought forward to 21 May at Tjuntjuntjarra instead of 28 May 2015

KOOKYNIE AIRSTRIP – Council has decided to decommission the airstrip at Kookynie due to a number of factors. The current airstrip traverses a number of UCL and private lots as well as public roads and right of ways. Apart from the ramifications of an aircraft landing on these unauthorised areas, there is a huge liability issue facing Council should an aircraft come to grief during the course of either landing or take off. The decommissioning process will take a few months and will be well advertised to the general public.

CHRISTMAS FUNCTION – On Thursday 18 December 2014, Council will be holding the annual community function following the opening of the Water Park. The function will begin at 4.00 pm and Council extends an invitation to all locals to attend the festivities.

RUBBISH COLLECTIONS – Rubbish collections will be carried out as normal during the Christmas period. There will also be a number of staff on hand to attend to any matters that arise.

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The Shire President, Councillors and staff wish all residents a very Merry Christmas and a safe and happy New Year. Please drive responsibly over the Christmas break as we want to see you all safe again in the New Year.



MENZIES WEATHER OUTLOOK FOR DECEMBER 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Nov 30	Dec 1	Yesterday 2	Today 3	4	5	6
			6	/	9	
Actual Temp	Actual Temp	Hist, Avg.	Warmer with partial sunshine	Mostly sunny and very hot	Mostly sunny and very warm	Sunny and very warm
31° to 15°	34° Lo 18°	30° Lo 15°	36° Lo 21°	39° Lo 20°	36° Lo 20°	34° to 19°
Hist. Avg. 30° Lo 15°	Hist. Avg. 30° Lo 15°		Het. Avg. 31° Lo 16°	Hist Avg. 31° to 16'	Miet: Avg. 31° Lo 16°	Hat. Avg. 31° to 16'
7	8	9	10	11	12	13
Sunny and remaining very		Sunny, breezy and	6	A strong thunderstorm;	Very hot with	Partly sunny and
34° Lo 20°	32° Lo 15°		Plenty of sunshine 31° to 15°	37° Lo 22°	37° Lo 17°	37° to 22°
and the second	Met. Avg.	Alst. Avg.	Hat Avg.			The state of the s
#ist. Avg. 31° to 16'	31° to 16°	31° to 16°	31° to 16°	Hist. Avg. 31° Lo 16°	32° Lo 16'	32° Lo 16°
14	15	16	17	18	19	20
/						
Very hot with sunshine	Abundant sunshine	Sunshine and very	Sunny and very	Mostly sunny and very warm	Sunny and very warm	Partly sunny and very warm
37° Lo 14°	31° to 15°	35° _{Lo 18°}	34° Lo 18°	33° to 19°	34° Lo 20°	34° Lo 20°
Hist. Avg. 32° Lo 16'	Hist. Avg. 32° to 16°	Hist. Avg. 32° Lo 16°	Hist. Avg. 32° to 17°	Hist. Avg. 32° to 17°	Hist. Avg. 32° Lo 17°	Hat. Avg. 32° to 17°
21	22	23	24	25	26	27
					-	
Mostly sunny and very warm	Mostly sunny and very warm	Sunshine	Mostly sunny	Sunny intervals with a shower	Rather cloudy	Mostly sunny
34° 60 19°	34° Lo 16°	33° 60 16°	28° to 15°	30° Lo 20°	33° Lo 20°	28° Lo 14°
Hist. Avg. 32° to 17°	Hist: Avg. 32° to 17°	Hist. Avg. 32° Lo 17°	Hist. Avg. 32° to 17°	Hist. Avg. 32° Lo 17°	Hist. Avg. 32° Lo 17°	Hist. Avg. 32° to 17°
28	29	30	31	Jan 1	2	3
0						
Sunny	Sunny	Sunny	Sunshine	Sunshine	Sunshine	Sunshine
29° to 15°	29° Lo 15°	30° to 16°	30° Lo 18°	31° to 18°	33° Lo 20°	35° Lo 20°
Hat. Avg. 33° Lo 17°	70t Avg. 33° to 17°	Hist. Avg. 33° Lo 17°	Hat. Avg. 33° Lo 17°	Hist. Avg. 33° to 17°	Hist. Avg. 33° to 17°	Hist. Avg. 33° Lo 18°



CHRISTMAS PARTY 2014

The President and Councillors of the Shire of Menzies invite you to the annual Community Christmas Party to be held on Thursday 18 December 2014 in the Shire Hall, commencing at 4.00pm. Food and drinks will be provided

Please advise Vivian at the Shire Office or Kiara at the Visitor Centre before Monday 15 December if you will be coming along.



Menzies Health Centre

Mercer Street
MENZIES WA 6436

EMERGENCIES ONLY: 000

Phone: 90242044

Poisons Information available 24 hours: 131126

If the Clinic is unattended and you need immediate health advice, call HEALTH DIRECT 1800 022 222 any time, day or night.

Next RFDS Doctor's Clinic—please phone for appointments



Date: Tuesday 16 December 2014

Time: From 9.00am

GP: Dr Lou LaGrange

Time: Commencing at 9.00am

Place: Menzies Health Centre

The **WA AIDS Council**, established in 1985, leads the Western Australian community in the provision of a wide range of services in the prevention of HIV and the treatment and care of people living with HIV/AIDS. 2011 marks the 26th anniversary of the Western Australian AIDS Council and this year will see

the continuing dedication to our vision and mission

Our Vision

Strengthening our community's health and quality of life.

Our Mission

To minimise the impact and further transmission of HIV, other blood borne viruses and sexually transmissible infections.

To reduce social, legal and policy barriers which prevent access to health information and effective support and prevention services

Core Values Excellence Community
Accountability Commitment Access and Equity

Please contact our offices at any stage for advice, support and direction.

Care, support and counselling are provided to all people infected, and affected by, HIV/AIDS.

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our Community Resource Centre can now offer conference facilities, casual office space, broadband WIFI and many other services previously unavailable in Menzies.

If you wish to find out more about availability and pricing or even make a booking for an upcoming meeting or event in Menzies, Please phone 90242702 and speak to Bev or Kiara.



A reminder to all customers of the Menzies Community Postal Agency.

If you wish to have anyone else pick up mail on your behalf, some sort of written authority which has been dated and signed, must be presented to staff. If there is no authority on record your mail will not be given to that person.



You may however, rent a mail box in which case your mail will be available to you at any time







PLEASE BE AWARE THAT THE AUSTRALIA POST AGENCY IN THE CRC WILL BE OPEN ON THE FOLLOWING DATES AND TIMES DURING THE CHRISTMAS/NEW YEAR PERIOD:

Friday 19 December	NORMAL HOURS—8.30am to 4.30pm
Monday 22 December	8.00am to 10.00am
Tuesday 23 December	8.00am to 10.00am
Wednesday 24 December	8.00am to 10.00am
Thursday 25 December	CLOSED-Christmas Day
Friday 26 December	CLOSED—Boxing Day
Monday 29 December	8.00am to 10.00am
Tuesday 30 December	8.00am to 10.00am
Wednesday 31 December	8.00am to 10.00am
Thursday 01 January	CLOSED—New Year's Day
Friday 02 January	8.00am to 10.00am
Monday 05 January	NORMAL HOURS—8.30am to 4.30pm

IF YOU ARE UNABLE TO ATTEND THE POST OFFICE DURING THESE HOURS, YOU MAY WISH TO RENT A POST OFFICE BOX, YOUR MAIL WILL THEN BE ACCESSIBLE TO YOU 24 HOURS PER DAY, SEVEN DAYS PER WEEK. PLEASE SEE BEV OR KIARA IN THE CRC IF YOU ARE INTERESTED.

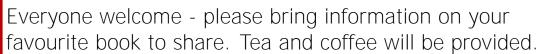
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Menzies Water Park
Official Opening
3.30pm
Thursday 18 December
Please contact the Shire Office for more information.

MENZIES BOOK CLUB

Let's try one more time . . .

Book Club will be held on Tuesday 3 February 2015 at 7.30pm at the Community Resource Centre.













SHIRE OF MENZIES

CHRISTMAS OFFICE CLOSURE

The administration office at the Shire of Menzies will be closed as from 5:00pm on Wednesday, 24 December 2014 and will reopen at 8:00am on Monday, 5 January 2015.

The Community Resource Centre will be open from 8:00am to 10:00 am each week day during the same period with the exception of public holidays.

Rubbish removals will be conducted as per normal. Any information regards road conditions can be obtained by telephoning the Shire answering service on 9024 2041.

Any queries, please contact the undersigned.

PETER CRAWFORD Chief Executive Officer

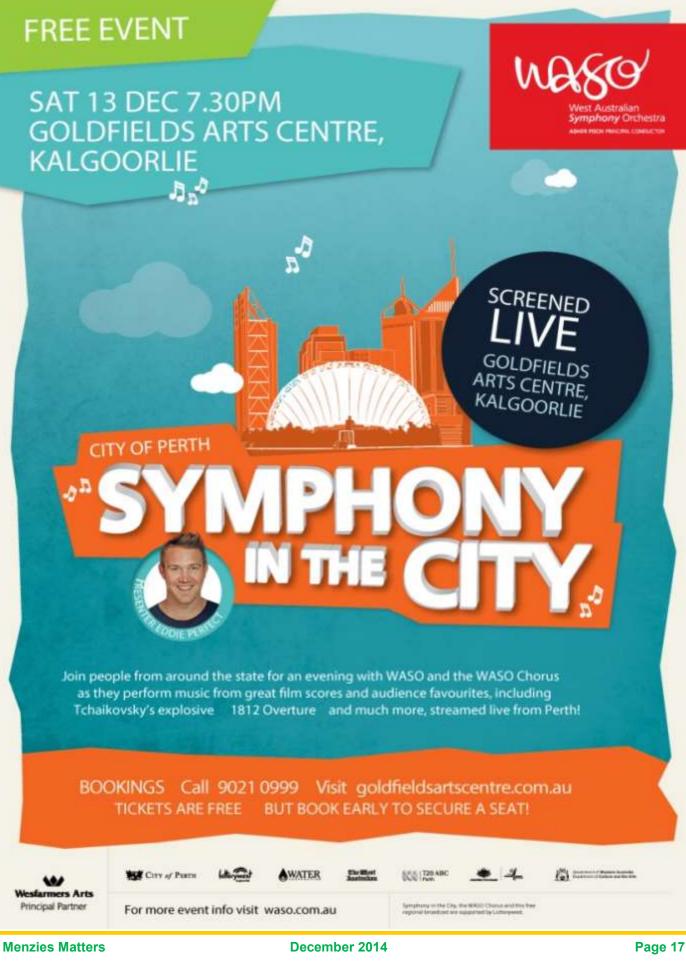
Welcome to Menzies:

- Karen and Brad Oborn

 Karen has taken up the position of Deputy
 CEO with the Shire and Brad is currently back and forth to Cocos Island where he still has contracts to finish.
- John McKay has commenced work with the Shire as a grader operator.
- Also with the outside crew, Des Wood is the new truck driver
- Sonia King has commenced duties as the Caravan Park Caretaker

Farewell from Menzies:

- Shona and Tracey who were working at the hotel and recently departed to further their travels.
- Lolly and Merv are on their way this week to see more of WA via a holiday in New Zealand.
- Lesley and Craig Chennell are moving back to Waroona where they have an extended family that is missing them (not as much as we will though!)
- Goodbye to **Jeff Tichborne** who has finished work with the Shire and gone home to Kalgoorlie.



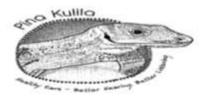


Christmas quiz for the young and not so young!

Rudolph the Red Nosed Reindeer is the most famous of Santa's reindeer. How many of Santa's other eight reindeer can you name?







EAR CHECKS WITH AN AUDIOLOGIST

"HEALTHY EARS - BETTER HEARING, BETTER LISTENING"

WHEN:

TUESDAY 2ND DECEMEBER 2014

TIME:

9-2pm

WHERE:

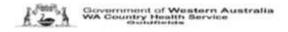
MENZIES NURSING POST

ARCHIBALD STREET

MENZIES

We would like to share information about an ear screening clinic available for families in MENZIES Community.

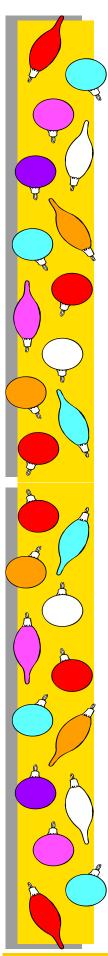
No appointments required, just turn up.





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A bit of christmas trivia

You may have been celebrating Christmas for a fair few years now, but I bet you didn't know some of these facts!

- The abbreviation of Xmas for Christmas is not irreligious. The first letter of the word Christ in Greek is chi, which is identical to our X. Xmas was originally an ecclesiastical abbreviation that was used in tables and charts. In the early days of printing, when font sizes were limited and type was set by hand, abbreviations and ditto marks were used liberally. Xmas came into general use from the church.
- If Santa were to deliver all of the world's presents on Christmas Eve, he would have to visit 882 homes a second, travelling at 1046km per second.
- Santa has many different names around the world including Father Christmas in the UK, Pere Noel in France, Kriss Kringle in Germany, La Befana in Italy, Julinesse in Denmark and Dedushka Moroz in Russia.
- By the figures: 1 in 10 Christmas presents will be broken by the New Year, and 7 in 10 dogs will be given Christmas presents from their owners.
- VISA Cards are used an average of 5340 times every minute during Christmas time.
- The first artificial Christmas trees were made in Germany from goose feathers that were dyed green.
- Candy canes began as straight white sticks of sugar candy used to decorate the Christmas trees. A choirmaster at Cologne Cathedral decided to have the ends bent to depict a shepherd's crook and he would pass them out to the children to keep them quiet during the services. It wasn't until about the 20th century that candy canes acquired their red stripes.
- Some priests in Australia advise you to say "Happy Christmas", not "Merry Christmas", because Merry has connotations of getting drunk – which brings its own problems. One should say "Happy" instead.

 The largest functional Christmas cracker was 45.72 meters long and 3.04 meters in diameter. It was made by Australian international rugby player Ray Price in Markson Sparks of New South Wales, Australia and was pulled in the car park of the Westfield Shopping Town in Chatswood, Sydney, Australia on 9 November 1991.

- December 26 was traditionally known as St. Stephen's Day, but is more commonly known as Boxing Day. This expression came about because money was collected in alms-boxes placed in churches during the festive season. This money was then distributed to the poor and needy after Christmas.
- The tradition of gifts seems to have started with the gifts that the wise men brought to Jesus. The exchanging of gifts between people started in about the 1800's.
- The origin of hanging Christmas stockings comes to us from southern Europe. One legend says that an old man was in despair because he had no money for his daughter's dowries. St. Nicholas dropped a bag of gold down the chimney, which happened to fall into a stocking hung up to dry.
- Rudolph the Red Nosed Reindeer was created in 1939 by a 34year-old copywriter named Robert L. May, who came up with a poem about a misfit reindeer at the request of his employer, Chicagobased
 - Montgomery Ward, for a Christmas story they could use as a store promotional gimmick.
- In India, they decorate banana trees at Christmas time.
- The biggest selling Christmas single of all time is Bing Crosby's White Christmas.
- Most artificial trees are manufactured in Korea, Taiwan, or Hong Kong.
- "Silent night" was written for a choir when the church organ broke down.
- Hallmark introduced its first Christmas cards in 1915, five years after the founding of the company.
- It is estimated that 400,000 people become sick each year from eating tainted Christmas leftovers.
- A traditional Christmas dinner in early England was the head of a pig prepared with mustard.



REMEMBRANCE DAY





—MENZIES—2014



Many thanks to the students from Menzies Community School who took part in the Ceremony on Remembrance Day.

They took pride in their tasks of readings and laying the wreath and showed to everyone that they are all a credit to their parents and the hard working staff at school. We appreciate your efforts Breeannah, Allanah, Shenae, Cheyanna, Tahlee, Tiniel and Gary.





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EYES THE STREET

Some intelligent person or persons have destroyed two wheelie bins at Niagara Dam and removed another one from Lake Ballard, this is an inconvenience to all those people trying to do the right thing and dispose of their rubbish properly. It is also a waste of money for the local Shire that has to replace them.

Recently a car broke down and was left at the truck bay until arrangements could be made to have it moved. Unfortunately while the vehicle was there for a couple of days it was vandalised. Several panels were kicked in and a group of people were interrupted while siphoning fuel from the tank. Doesn't give a very good impression of our town does it?

On the same weekend there were several other incidents, a vehicle was stolen from one person's property and a car battery was removed from another, luckily these items were recovered the following day within the town site. There was also evidence that these intruders had entered other properties.

Keep your eyes open and report any suspicious activity.

LEONORA POLICE STATION: 90376100





2015 CALENDAR



January

Su	Мо	Tu	We	Th	Fr	Sa
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					and the Objection	ACTOR - MARKET	160
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29	30	31					

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June

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July

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August

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September

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October

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25	26	27	28	29	30	31

November

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29	30					

December

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6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		



Menzies hotel And store

Shop hours: 8.00am—2.00pm

Hotel hours: 11.00am – Late

Hot Counter Meals: 12.00pm to 8.00pm

Fresh Sandwiches and Rolls Flavoured Milks

Soft drinks Cold Beer - 11.00am—

Late!

Juices General Stores

Coffee Accommodation

The Menzies Toasty or Burger Fast foods

Cakes Ice

Ice Creams Pasties, Sausage Rolls

Home made Bacon and Egg Pie

IN A HURRY? DON'T WORRY, PHONE ORDERS WELCOME 90242016

KLEENHEAT GAS is available from Menzies Hotel Shop or Bar—EFTPOS available

 Pricing:
 Exchange
 8.5Kg
 \$48.50

 Buy
 8.5Kg
 \$95.00

 Exchange
 45Kg
 \$169.50

 Delivery fee
 \$10.00

Delivery time: Wednesday afternoon between 2.00pm and 4.00pm

Saturday morning between 10.00am and 11.00am



MENZIES MATTERS—JANUARY 2015

Contributions for the January edition of the Menzies Matters are required by **Monday 22 December 2014**.

Please email articles and photos to mcd@menzies.wa.gov.au or drop them off to the Visitor Centre or the Shire Office.

Let's make our newspaper something we can all be proud of!

DON'T SPEND YOUR CHRISTMAS HERE . . .



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December 2014

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They have been expecting you.

They knew eventually you'd show up.

It won't be possible for you to know what is happening, so I'll fill you in.

The beginning for you will be when you stagger to your car.

The beginning for them will be when a bulletin goes out on the police radio reporting a serious accident.

You won't hear the sirens.

The ambulance and police car will arrive almost at the same time.

They will check you over and pronounce you dead.

A few curious motorists who heard the crash will stop and look at your broken body, some of them will be sick.

The ambulance officers will roll out a stretcher.

One of them will stuff your hands under your belt and grab you under your arms, the other one will take hold of your legs.

You will be placed on the stretcher and covered with a blanket.

They will drive you to the hospital morgue, where a Mortuary Assistant will wheel you over to a big scale.

He will remove the blanket, shake his head and say, "Another one".

Your clothes will be cut off with scissors.

You will be weighed and measured.

The Mortuary Assistant will make a record of your injuries, cover you up again and wheel you to a small room with hoses and white tile walls.

Traffic victims are almost always a bloody mess.

You will be cleaned up as much as possible and moved to a long hall with several stretchers lined up against pale green walls.

One side of that hall is lined with refrigerated units.

If it has been a slow evening, you will have a stretcher and a unit all to yourself.

But if it's Christmas, New Year or Easter or any excuse for excessive drinking or drugs, you probably will have a lot of company.

They will go away and leave you there in the guietest room in town.

In an hour or so, they will come and move you again.

You will be placed behind a large glass window so your wife or husband, parents or friend can identify you.

You won't see the agony and pain in their eyes, and it's just as well.

Nor will you hear the screams and sobbing when they lower the sheet and ask

"Is this your husband... wife... son... daughter... brother... sister... friend?"

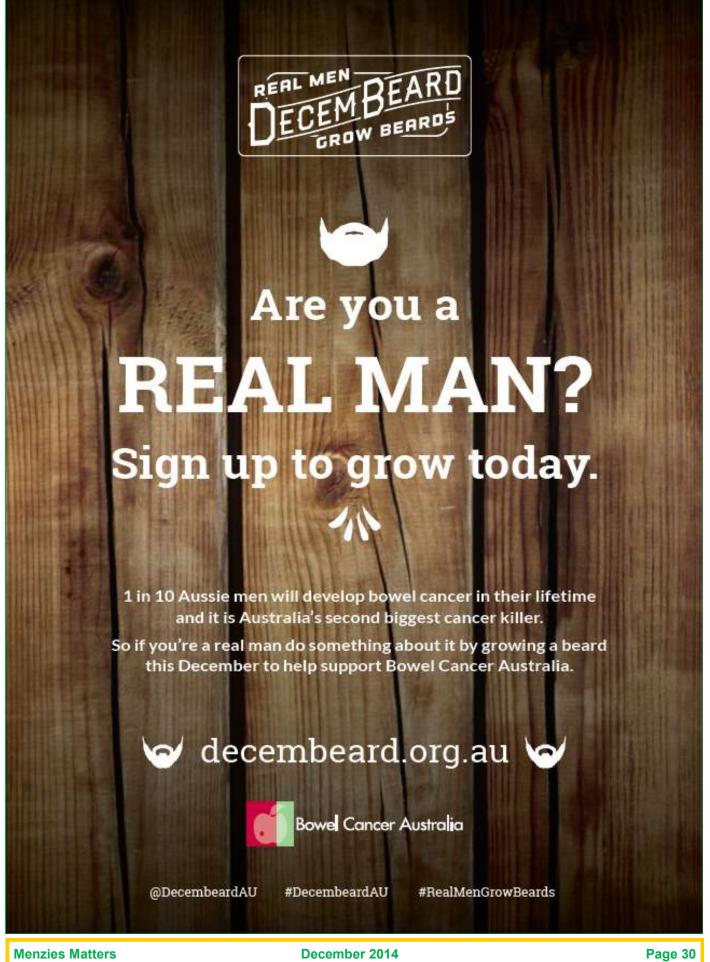
As I was saying, they are waiting for you—the police, the ambulance crews, the pathologists at the morgue and the morticians—they are expecting you!

So remember this the next time you toss down that last drink or smoke that last joint and then climb behind the wheel of your car.

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The Indigenous Marathon Project annually selects, educates, trains and takes a group of inspirational Australian Indigenous men and women aged 18-30 to compete in the world's biggest marathon – the New York City Marathon, held in November each year.

During the Project year, athletes remain in their home communities to train for the marathon, and attend four major national camps throughout the year, before travelling to New York in November.

Athletes also undertake a Certificate IV in Leisure and Health.

IMP is not a sports program, but a social change program that uses running as a vehicle to promote the benefits of active and healthy lifestyles and celebrate Indigenous resilience and achievement.

Applications close on 31 January 2015, with the national try-out tour commencing in March 2015.

Please note - the location of try-outs will be determined by the applications received by the closing date. Applicants are welcome to apply on the day of the try-outs, but will need to find their way to the nearest try-out location.

The squad will be announced early April.

Tryouts will consist of a 3km timed run for women, and a 5km timed run for men. Applicants will also be interviewed by IMP staff about their motivation for wanting to be involved in the Project.

No formal running training is required, just a commitment for athletes to try their best. We are looking to recruit people who are passionate about being ongoing role models with a purpose to provide positive benefits for the community.

More information about the Indigenous Marathon Project can be found at www.imp.org.au.

Applications can also be completed online.

If you have any questions, please don't hesitate to contact Head Coach, Mick Rees:

Ph: (02) 6162 4750
 Mob: 0427 308 500
 Email: mick.r@imp.org.au

Run. Sweat Inspire.

The Indigenous Marathon Project Team.

Please note: Written application forms may be obtained from Daphne Crawford, at the Menzies Community Resource Centre

Did you know? Wearing a red ribbon is a declaration of support for those living with or affected by HIV/AIDS. Most of us are only too aware of the serious challenges that HIV continues to pose around the globe. HIV still exists in Australia. There were 1,236 new HIV diagnoses in Australia in 2013, slightly less than the previous year. HIV can affect

anyone. There cure for HIV. that the transpreventable. By about how HIV how to protect



is no vaccine or The good news is mission of HIV is being informed is transmitted and ourselves and

others, we can enjoy life with safer sex and prevent the spread of HIV. So take the first step — inform yourself about HIV. The AIDS website contains important information about HIV, including how you can protect yourself and where to go for more information and help. Take time to read it and then pass it on to your friends, family and loved ones. You may be saving your life and others.

When is the December solstice?

December Solstice in Menzies, Western Australia is on Monday, 22 December 2014 at 7:03 AM AWST

Being the longest day of the year, also means that people in the areas south of the Antarctic Circle towards the South Pole will see the Midnight Sun (ie. have 24 hours of daylight) during this time of the year.

The December solstice has played an important role in cultures worldwide from ancient times until our day. Even Christmas celebrations are closely linked to the observance of the December solstice.

December 21 or 22 solstices happen more often than December 20 and 23 solstices. The last December 23 solstice was in **1903** and will not happen again until **2303**. A December 20 solstice has occurred very rarely, with the next one in the year **2080**.

As with the June solstice, the December solstice's varying dates are mainly due to the calendar system. The Gregorian calendar, which is used in most western countries, has 365 days in a common year and 366 days in a leap year.



Watering Days Menzies

1	1st, 3rd, 5th, 7th, 9th, 11th, 13th, etc
2	2nd, 4th, 6th, 8th, 10th, 12th, 14th, etc
3	1st, 3rd, 5th, 7th, 9th, 11th, 13th, etc
4	2nd, 4th, 6th, 8th, 10th, 12th, 14th, etc
5	1st, 3rd, 5th, 7th, 9th, 11th, 13th, etc
6	2nd, 4th, 6th, 8th, 10th, 12th, 14th, etc
7	1st, 3rd, 5th, 7th, 9th, 11th, 13th, etc
8	2nd, 4th, 6th, 8th, 10th, 12th, 14th, etc
9	1st, 3rd, 5th, 7th, 9th, 11th, 13th, etc
0	2nd, 4th, 6th, 8th, 10th, 12th, 14th, etc



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COME IN TO THE
VISITOR CENTRE
TO SEE OUR
WONDERFUL NEW STOCK!

FROM T-SHIRTS TO SCARVES,

PLACEMATS TO CUPS,

SOAPS TO CANDLES

AND MANY MORE

AMAZING SOUVENIRS!









movie review



INTERSTELLAR

Interstellar represents more of the thrilling, thoughtprovoking, and visually resplendent filmmaking moviegoers have come to expect from writer-director Christopher Nolan, even if its intellectual reach somewhat exceeds its grasp.

In the near future, Earth has been devastated by drought and famine, causing a scarcity in food and extreme changes in climate. When humanity is facing extinction, a mysterious rip in the space-time continuum is discovered, giving mankind the opportunity to widen its lifespan. A group of explorers must travel beyond our solar system in search of a planet that can sustain life. The crew of the Endurance are required to think bigger and go further than any human in history as they embark on an interstellar voyage into the unknown. Coop, the pilot of the Endurance, must decide between seeing his children again and the future of the human race.

Cast:

Matthew McConaughey as Cooper Michael Caine as Professor Brand Casey Affleck as Tom

Directed By: Christopher Nolan than Nolan

Anne Hathaway as Amelia Jessica Chastain as Murph Topher Grace as Getty

Written By: Christopher Nolan, Jona-













EASY CHRISTMAS CAKE

- Melted butter, to grease
- 800g dried mixed fruit
- 410g jar fruit mince
- 1 tablespoon finely grated orange rind
- 1/2 cup (125ml) orange juice
- 1/3 cup (80ml) brandy
- 250g unsalted butter, melted, cooled
- 1 cup (200g) firmly packed brown sugar
- 2 cups (300g) plain flour
- 1 cup (150g) self-raising flour
- 2 1/2 teaspoons mixed spice
- 4 eggs, lightly whisked
- 1 cup (160g) blanched almonds
- 2 tablespoons apricot jam, warmed



Step 1

Preheat oven to 150°C. Grease a deep 22cm round cake pan with melted butter. Line the base and side with 3 layers of non-stick baking paper, extending 5cm above edge.

Step 2

Combine the dried fruit, fruit mince, orange rind and orange juice in a large saucepan over medium low heat. Cook, stirring, for 10 minutes or until fruits soften. Remove from heat and set aside for 30 minutes to cool. Add the brandy and stir to combine.

Step 3

Add butter and sugar to fruit mixture and stir to combine. Add the combined flours and mixed spice and stir to combine. Add the eggs and stir until well combined. Spoon into prepared pan and smooth the surface. Lightly tap pan on bench top to settle the mixture. Arrange the almonds over the top of the cake.

Step 4

Bake in preheated oven for 3 hours 15 minutes or until a skewer inserted into centre comes out clean, covering cake loosely with foil if over browning. Remove from oven. Brush hot cake with apricot jam. Cover cake with foil. Wrap cake in a large tea towel and set aside overnight to cool completely.

Step 5

Turn cake onto a serving platter to serve.









Don't forget to write your letter to Santa,

Dear Santa,	
I promise I will be good again next year. From your friend,	



Put it in an envelope,



Santa Claus Christmas Land North Pole 0000

Post it in the mail box outside the Visitor Centre,



Then wait for a reply.



A Politically Correct Christmas ~ Anon



'Twas the night before Christmas and Santa's a wreck...

How to live in a world that's politically correct?

His workers no longer would answer to "Elves",

"Vertically Challenged" they were calling themselves.

And labour conditions at the North Pole, were alleged by the union, to stifle the soul. Four reindeer had vanished without much propriety, released to the wilds, by the Humane Society. And equal employment had made it quite clear, that Santa had better not use just reindeer.

So Dancer and Donner, Comet and Cupid, were replaced with 4 pigs, and you know that looked stupid! The runners had been removed from his beautiful sleigh, because the ruts were deemed dangerous by the EPA, And millions of people were calling the Cops, when they heard sled noises upon their roof tops.

Second-hand smoke from his pipe, had his workers quite frightened, and his fur trimmed red suit was called "unenlightened".

To show you the strangeness of today's ebbs and flows, Rudolf was suing over unauthorized use of his nose. He went to Geraldo, in front of the Nation, demanding millions in over-due workers compensation.

So ... half of the reindeer were gone, and his wife who suddenly said she'd had enough of this life, joined a self help group, packed and left in a whiz, demanding from now on that her title was Ms.

And as for gifts...why, he'd never had the notion that making a choice could cause such commotion.

Nothing of leather, nothing of fur...

Which meant nothing for him or nothing for her.

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Nothing to aim, nothing to shoot, Nothing that clamoured or made lots of noise. Nothing for just girls and nothing for just boys. Nothing that claimed to be gender specific, Nothing that's warlike or non-pacifistic.

No candy or sweets...they were bad for the tooth. Nothing that seemed to embellish upon the truth. And fairy tales...while not yet forbidden, were like Ken and Barbie, better off hidden, for they raised the hackles of those psychological, who claimed the only good gift was one ecological.

No baseball, no football...someone might get hurt, besides - playing sports exposed kids to dirt.

Dolls were said to be sexist and should be passe. and Nintendo would rot your entire brain away.

So Santa just stood there, dishevelled and perplexed, he just couldn't figure out what to do next? He tried to be merry he tried to be gay, but you must have to admit he was having a very bad day.

His sack was quite empty, it was flat on the ground, nothing fully acceptable was anywhere to be found. Something special was needed, a gift that he might, give to us all, without angering the left or the right.

A gift that would satisfy - with no indecision, each group of people in every religion. Every race, every hue, everyone, everywhere...even you!

So here is that gift, it's price beyond worth...

"May you and your loved ones enjoy peace on Earth."

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Local Information

CAMPING AREAS



Camping sites in the Menzies area are available at Lake Ballard (51km west of Menzies) and Niagara Dam (65km north east of Menzies).

Facilities at these sites include toilets, barbecues and rubbish bins. *Potable water at Lake Ballard only.*

Please remember to preserve these areas for future generations and 'Take nothing but photographs, Leave nothing but footprints'

MENZIES CARAVAN PARK





Recently refurbished sites (powered or unpowered), new camper's kitchen, lawn area for camping, laundry (with coin operated washing machines and dryers), new ablution blocks.

Rates start from \$12.00 per night.

Bookings can be made through the Menzies Visitor Centre (90242702) during business hours or after hours 0448 242041 (Park Caretaker).







December

12	Tahlee Tucker
12	Shauna Tucker
18	Barkley Blizzard
23	Kerri Mader
25	Tremaine Tucker
30	Yvette Tressider
31	Rickeisha Williams



THE SPIRIT LIVES 2014 - 2018



The Menzies Matters is proudly produced by the Resource Centre Menzies Community Resource Centre

20 October 2014 - 31 December 2015 - Global Year Against Neuropathic Pain

Month of December

Universal Human Rights Month Safe Toys and Gifts Month Beardecember



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
01 World AIDS Day	02	International Day of People with Disability	04	05 International Volunteer Day	06	07
08	09	10 •Human Rights Day •School End of Year Concert	11	12	13 Christmas Tree at MAC	14 Carols Night 6.00pm CRC
15	16	17	18 • Shire Council Meeting • Opening of Water Park • Community Christmas Party	19 Term 4 ends	20 International Human Solidarity Day	•Boulder Market Day 9.00am •Summer Solstice
CRC open	8.00am to 10	24 0.00am only	25 Public Holiday Christmas Day	26 Public Holiday Boxing Day	27	28
CRC open	30 8.00am to 10	31 New Year's Eve	01 January Public Holiday New Years Day	02 January	03 January	04 January

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